

Volume 3, Issue 35

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June 24, 2005

Song-ak market is seafood lovers' delight

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Manchu sappers hone combat skills

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The Morning Calm Weekly is



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6th Cav., 17th Avn. become Multifunction Aviation Brigade

By Susan Barkley

Area III Public Affairs

CAMP HUMPHREYS – The U.S. Army transformation in Korea took another step towards completion June 16 when the 17th Aviation Brigade and the 6th Cavalry Brigade cased their colors in a ceremony here.

In quick succession, the 17th was inactivated and the 6th Cav. was re-flagged as the 2nd Multifunctional Aviation Brigade.

The 2nd MFAB merges AH-64D Apache Longbow attack helicopters, CH-47 Chinooks, UH-60 Black Hawks, the C-12 Huron fixedwing plane, personnel and equipment under the command of Col. Peter W. Foreman, previously the 6th Cavalry Brigade commander.

Eighth U.S. Army commander, Lt. Gen. Charles C. Campbell called the day's events sad and exciting at the same time.

"This is another historic milestone in the transformation of the United States Army," he said in prepared remarks. Saying that Army aviation on the Korean peninsula was reorganized, re-missioned and re-stationed, he also noted that "the greatest transformation yet begins with the individual Soldier."

Campbell added that he was confident

See Aviation, Page 22



Roger Edwards

Soldiers dressed in cavalry uniforms past and present parade the 17th Aviation Brigade and 6th Cavalry Battalion colors at Camp Humphreys for the last time June 16, in a ceremony inactivating the 17th Avn. Bde. and re-flagging 6th Cav. as the 2nd Multifunctional Aviation Brigade.

STAFF SGT. DOUG

Friendly gesture

Navy Petty Officer First Class Lisa Spadavecchia, Commander Naval Forces Korea, receives an award from Gen. Leon J. LaPorte, Commander of United Nations Command, Combined Forces Command and U.S. Forces Korea, and Park Jung Soo, vice chairman of the Korea America Friendship Society at the society's Friendship Night June 16. Spadavecchia was one of four servicemembers honored for their work in strengthening the ROK/U.S. relationship.

Captains to be promoted sooner, serve longer as majors

By Cheryl Boujnida

Army News Service

WASHINGTON– The Army has increased its career developmental timeline for active-duty majors by one year, while shortening time spent as a captain.

The initiative, recently approved by Secretary of the Army Francis Harvey, will reduce pin-on time to major from 10 years and seven months to 10 years. In order to implement this, two major promotion boards will be conducted in Fiscal Year 2006.

The change sets the developmental timelines in synchronization with the Army's modularity, transformation and intermediate-level education, or ILE, requirements, said Col. Mark Patterson, chief, Officer Policy Division, G1, at the Pentagon.

"This will allow us to better manage our officers and meet the needs of an Army at war in the 21st century," Patterson said. He explained that modularity and the new units of action have created a need for more majors in many career fields, but the real reason for the change is to allow majors time for a joint-service assignment.

"It's key because it gives majors a joint assignment opportunity that they might not get prior to being promoted to lieutenant colonel or colonel."

Majors currently serve five years before pinning on lieutenant colonel.

"The emphasis on joint operations is crucial – joint is the future. We need to look at joint assignment opportunities

See Captains, Page 4

School lunch visit brings back warm memories

By Galen Putnam

Area IVPublic Affairs

Well, with the school year quickly winding down, I finally got around to doing something I've, regretfully, been meaning to do for years ... join one of my kids for lunch at the school cafeteria.

I didn't realize the idea had been floating around my head so long until I stopped to think my oldest is in the fifth grade already. How did that happen? Naturally, I saved her the mortification of having dad showing up for lunch. Come to think of it, that could be an extremely effective threat when she steps out of line. I'll have to make a note of that one.

My only alternative was to join my much more malleable kindergartner. Kindergarteners will welcome anyone, particularly if they have a repertoire of simulated bodily function noises. (Regrettably, I don't possess that talent, but I play a mean Hawaiian nose guitar - taught to me, of course, by my kindergartener.)

With military precision, two kindergarten classes some 50 strong, lined up awaiting the order to move out. When the call to movement came it was precisely 10:25 a.m. What? Lunch at 10:30 in the morning? I guess that's the way it goes when you have the least seniority.

Refrains of "space, space, not too close, stand in line, quiet, quiet," rang out from the teachers' aides, bringing back basic training mess hall memories. "Don't push, ok now move, move," the aides continued, maintaining strict line discipline. Just like basic training, kindergarten is all about standing in line.

The advertised menu was:

- Mini Chicken Sandwiches
- Carrot and Celery Sticks with Ranch Dressing
 - Mashed Potatoes and Gravy
 - Baked Beans
 - Fresh Fruit

The meals were, of course, served with the requisite carton of warm milk. What I saw on the trays:

- Mini Chicken Sandwiches
- Macaroni and Cheese
- Quartered Apples

expecting any kindergartners to pitch a place where, when I ordered the fish

fit because they were served macaroni and cheese rather than baked beans and mashed potatoes with gravy. what But

about the

"... there were no 'lunch ladies', well, fish and patrolling the cafeteria floor. At potato chips. least there weren't any of the stern, Actually, that foreboding and just plain would be fish intimidating lunch ladies I wouldn't it? remember from my formative Anyway, I guess years."

veggies? Ah ha! I finally spotted one trailblazer with the demon carrot and celery sticks. But how many were there total? I took a quick tally. Let's see, there's one, two, three, four, five! That's 10 whole percent! Wait a minute, I didn't factor in the six kids who brought in sack lunches today. So much for the food pyramid. Just where do all of those vegetarians come from?

My review of the meal (they had short order meals available but I figured that would be cheating): Mini Chicken Sandwich – a bit dry but no worse than what we get at the cafeteria where I

Close enough I figured. I wasn't typically go for lunch. (That's the same

and chips I got, chips ... as in crisps some things just don't translate well.) Back to

the review: Macaroni and Cheese - a bit dry but no worse than, well, never mind. Quartered Apples - Not bad! Hey, wait a minute they don't even serve fresh fruit where I eat lunch. I hate to say it but it looks like the school cafeteria is more palatable lunchtime option than where I've been going for the past yearand-a-half.

I polled some of the munching munchkins and another pattern (in addition to the "No Veggies" trend) quickly developed. "What is your favorite school lunch," I asked. "Cheese pizza," replied test subject Number One.

"Cheese pizza," said Number Two. Then a chorus of "cheese pizza, cheese pizza, cheese pizza" began echoing throughout the cafeteria, alarming the teachers' aides, bringing a few swift glares of admonition in my direction. In a way I felt pretty good about myself. It has, after all, been quite a long time since I managed to create a school lunchroom disturbance. Luckily, my daughter was paying no attention to me. the novelty of my presence having already worn off.

One of the drill sergeants, sorry, teachers' aides confided in me, "This isn't so bad. It gets worse and worse as the older kids come in. By the time the sixth graders get here it is impossible to hear a thing." I can only imagine the dining ambiance when the high schoolers are "in the house."

I noticed there was something missing, but for some reason I couldn't put my finger on it. Then it struck me, there were no "lunch ladies" (or at least that's what we used to call them) patrolling the cafeteria floor. At least

See **Lunch**, Page 4

MP Blotter

The following entries were excerpted from the past several weeks military police blotters. These entries may be incomplete and do not determine the guilt or innocence of any person.

■ Military police were notified of an assault consummated by battery. Preliminary investigation revealed that two Soldiers were involved in a verbal altercation, which turned physical when the first Soldier struck the second Soldier in the face with a closed fist. The first Soldier was apprehended and transported to the MP station where he was administered a series of field sobriety tests, which he failed. The two Soldiers were transported to a local medical facility where the first Soldier was administered a command-directed blood alcohol test, with results pending.

The second Soldier was treated and transported to a local hospital and treated for a facial laceration and released. The first Soldier was then transported back to the MP station, where he was released to his unit. He was later advised of his legal rights, which he waived, rendering a sworn statement attesting to the incident. This is an alcohol-related incident. Investigation continues by MPI.

■ Military police were notified of a larceny of Army Air Force Exchange Service property. Investigation disclosed that a Soldier was observed over closed circuit television placing two DVDs in a shopping bag and exiting the store without rendering proper payment for the items in his possession. The Soldier was then detained by store security until arrival of the military police. The Soldier was apprehended and transported to the MP station, where he was advised of his legal rights, which he invoked, requesting not to be questioned or to say anything. The Soldier was then further processed and released to his unit. All property was returned to AAFES. Investigation continues by MPI.

■ Military police were notified of a larceny of private property. Preliminary investigation revealed that unknown person(s) by unknown means, entered a Soldier's barracks room and removed a bottle of prescription medicine, laptop computer, video game console and eight videogames, which were unsecured and unattended. There were no signs of forced entry. Estimated cost of loss is unknown. Investigation continues by

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NEWS & NOTES

176th Finance Bn. Organization Day

The 176th Finance Battalion will hold its Organization Day Friday. All the organization's finance offices will be closed for this event. In- and out-processing services will still be offered, but will do so with a limited staff. This closure will be peninsula-wide. Offices will be open again Monday on their regular schedule.

Combined Joint Staff Seeks Command Narrator

The Secretary Combined Joint Staff is seeking a command narrator. The narrator performs duties for all UNC/CFC/USFK Honor Guard and Award Ceremonies. The narrator must possess the ability to speak clearly. Bearing, English professional image and ability to quickly adapt to changing situations is a must. The ability to communicate with foreign dignitaries, general officers and distinguished visitors is essential. The narrator position is open to 0-1 through 0-3 and E5 through E7. Interested personnel may contact Maj. Floyd, at 723-5227 or Sgt. Maj. Shirley Garrett, at 723-3615 to set up an interview.

Test Day Noise Abatement

Korean high school students will take the 2005 Korean University National Examination today. In numerous schools across the country, students will take the Korean Language and Foreign Language Hearing tests. The Republic of Korea government has requested that all residents keep noise to an absolute minimum during these testing periods.

In an effort to comply with this request, U.S. Forces Korea commanders have agreed to not conduct aviation or ground ranges and will minimize tactical wheel and refrain from tracked movement during the specified quiet hours.

Reserve CGSOC Instructors Wanted

Instructors are being sought to teach the Command and General Staff Officers Course in Yongsan. Applicants must be an Army Reserve Soldier, hold the rank of major or lieutenant colonel, be MEL4 qualified, be willing to transfer to the 4960th MFTB, and meet the Army height and weight standards.

Interested personnel should contact Lt. Col. Dennis Davenport at 723-4394 or by e-mail at DavenportD@korea.army.mil.

TMCW Submissions

Send Letters to the Editor, story submissions and other items to MorningCalmWeekly@korea.army.mil. For information, call 738-3355.

8th PERSCOM merges with EUSA G1

Sgt. 1st Class Patricia Johnson

8th Personnel Command Public Affairs

YONGSAN – 8th Personnel Command will end 25 years of distinguished unit service to the 8th U.S. Army when Col. Michael J. Harris, commander, 8th Personnel Command, and Command Sergeant Major Carlos Martinez-Rivera officially cased 8th PERSCOM's colors in an Inactivation Ceremony held on Yongsan's Knight Field June 15.

Harris said 8th PERSCOM's inactivation and subsequent merger with the 8th U.S. Army G-1 will have no impact on the world-class personnel support currently being provided to Soldiers. "The merger of G-1 and AG personnel will coincide with several new personnel service support initiatives that capitalize on the latest information technology," he explained. "These initiatives will continue beyond our inactivation and allow the 8th United States Army to offer human resource services unlike anything available across the Department of Defense."

The 8th PERSCOM consists of a directorate staff, two personnel services battalions and a headquarters company, for a total of about 700



Courtesy I

Col. Michael J. Harris, 8th Personnel Command commander, holds 8th PERSCOM's colors and Command Sgt. Maj. Carlos Martinez prepares them to be cased, as Lt. Gen. Charles C. Campbell looks on.

Soldiers. The directorate staff will merge with 8th U.S. Army G-1 to form a consolidated G-1/AG. This merger aligns with emerging Army Doctrine and is part of an incremental process that paves the way for the transformation of all PERSCOM

"While, there will be an overlap time with the merging commands taking over

PERSCOM missions, there will not be a gap or interruption in service to the Soldiers we support or their commanders." said Harris.

The Adjutant General Corps postal and personnel services units have provided support for Soldiers, civilians, and family members stationed in South Korea since the conclusion of the Korean War in 1953.

Dragon Hill Lodge changes leadership

By Sgt. Christopher Selmek

Area II Public Affairs

YONGSAN – A veteran restaurateur has returned to Korea to serve as general manager of Dragon Hill Lodge, the premier military recreation facility in the Republic of



SGT. CHRISTOPHER S

Brig. Gen. John Macdonald, commander of the U.S. Army Community and Family Support Center, passes the large wooden key to Jim Thomas, general manager of the Dragon Hill Lodge, in symbolic display of transferring responsibilities.

Korea and one of four Armed Forces recreation centers worldwide.

Jim Thomas, a retired Army lieutenant colonel whose assignments included three years as general manager of the Hartell House and the first Executive Club manager for the Multi-National Force in Sinai, took the helm during a June 8 lunchtime ceremony at the lodge. He replaces Rich Gorman, who will become director of hospitality management for the U.S. Army Community and Family Support Center at Fort Belvoir, Va.

Thomas holds the Hospitality Management Diploma from the American Hotel and Motel Association and a professional designation as a certified hotel administrator. Since retiring from the Army, Thomas has served as chief of hospitality for the Armed Forces Recreation Centers, director of Army Lodging and quality of life director at the U.S. Navy's Naval Postgraduate School, Monterey, Calif.

He has also served as chief of facility design and Morale, Welfare and Recreation business management consultant for U.S. Army Community and Family Support Center, as well as assistant installation club manager at Fort Lewis, Wash.

"Thank you for allowing me the opportunity to serve the Soldiers, families and partners of this command," said Thomas. "Be assured I am totally committed to leading a super [Dragon Hill Lodge] team and continuing [its] legacy of excellence."

As the Eighth Army Band played during a ceremony symbolizing the passing of responsibilities, outgoing manager Gorman passed a large wooden key to Thomas.

The Dragon Hill Lodge is one of four Armed Forces Recreation Centers located throughout the world. Since its opening in 1990, the hotel has become a center for leisure and recreation in Korea. The other AFRCs are

Captains -

from Page 1

and how Soldiers get that experience," Patterson said.

Beginning in 2007, no more waivers will be granted for joint service and colonels will need a joint assignment to be competitive for promotions, Patterson said.

The additional year requirement, initiated by the Officer Personnel Management System, or OPMS III, identified the need to further develop officers by expanding their career timeline.

"The extra year will benefit the officer and the military," said Lt. Col. Craig Vest, branch chief, officer selection board policy branch.

"This will definitely have a positive impact within the Army and enhance our overall captain retention rate," Patterson said.

The reduction in time spent as a captain aligns the Army with other armed services; the Air Force and Marine Corps' pin-on time to major is 10 years

and three months, and the Navy's is nine years and 11 months.

"This is a very positive change within the Army. Not only is the earlier promotion a perk, but it's important that we'll have extra time as a field-grade officer to develop too," said Capt. Hope Rampy, personnel policy integrator.

The early promotion goal will affect the current fiscal year 2005 major Army promotion board that will be released in June. Officers will pin on their rank sooner.

"The goal is to begin promoting in August and exhaust the list by March 1, 2006," Patterson said.

There will be two separate major promotion boards in FY 2006. The first board will convene Sept. 6, and the second in April.

"Leadership wants to ensure that officers in the field have the opportunity to start preparing their file for the September board," Patterson said.

Lunch

from Page 2

there weren't any of the stern, foreboding, and just plain intimidating lunch ladies I remember from my formative years.

I'm pretty sure they are not called lunch ladies anymore. You know, kind of like stewardesses and flight attendants. After all, nowadays your "stewardess" is as likely to be named Brad as Barb. In any case, the teachers' aides had everything well under control.

Lunch proceeded smoothly as the teachers' aides continued to tend their flock. "Ohh, too much talking today. Let's go, eat, eat, eat," they exhorted.

As things wound down, the teachers' aides started some sort of coded kindergarten clapping that the kids responded to with a series of their own claps. Now I don't remember anything like that from kindergarten but, then again, I can't recall what I had for lunch

yesterday. I soon figured out the clapping signaled clean-up time.

"Whoever is finished, bring your trays to ahjooma. If you are done, you can get in line, *slowly*."

Then, the little soldiers all in a row marched out the door. My daughter gave me nary a glance. They were headed to the playground so there were more important things to contemplate.

The entire production came off without a hitch. Not a single dropped tray or pulled ponytail. And, to my amazement, not a single sandwich bun or dollop of macaroni and cheese on the floor.

As I reflected on the experience, I realized how much I had enjoyed myself. Then a light bulb went off in my head. "You know," I thought, "maybe I'll just stick around so I can hang out with the fifth graders for lunch."

Dragon_

from Page 3

the Hale Koa in Hawaii, Shades of Green on Walt Disney World in Florida, and Edelweiss Lodge and Resort in Germany.

"Changing management at one of the Armies four AFRCs is an infrequent event, and a decision that impacts the entire army," said Brig. Gen. John Macdonald, commander of the U.S. Army Community and Family Support Center. "Our nation and our army have faced many significant challenges since our last change of leadership at the Dragon Hill in 1998. We are blessed to have dedicated and professional employees providing exceptional service and unparalleled support to our servicemembers and their families during the global war on terrorism, as well as the normal high level of operating tempo here in Korea."

Gorman will continue serving the Dragon Hill lodge in his new role

overseeing all four Armed Forces Recreation Centers and the Army Recreation Machine Program.

"To understand the magnitude of Rich Gorman's contributions over the past year, he has led a Dragon Hill team that has positively touched the lives of approximately 1.5 million hotel guests over his tenure, and he served almost 7 million high quality meals, and that is an incredible accomplishment," said Thomas. "It is a special honor to follow him as manager of the Dragon Hill Lodge."

"To be sure, I have to thank the finest group of employees to which any leader has ever been blessed, the Dragon Hill Lodge team of teams. I am in your debt," said Gorman. "Thank you all so very much for the privilege of serving the Soldiers of our great army and our partners in the other services."

AD

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Warrior Readiness Center adapts to changes

Officials expect possible 10-percent increase in newcomers processed

By David McNally Area I Public Affairs

CAMP MOBILE - Second

Infantry Division Soldiers assigned to Areas II and III started in-processing through the Warrior Readiness Center

June 16. Before, Soldiers going to aviation units at camps Eagle and Humphreys and K-16 airfield went to the 1st Replacement Detachment Yongsan Army Garrison before arriving at their unit.

"Now, all those Soldiers are coming here,"

said Capt. Star Hy, WRC commander. With the realignment of 2nd Inf. Div.

aviation assets from camps Page and Stanley to bases further south, officials came up with a plan to continue the integration training offered exclusively at the WRC.

The center usually processes 100-150 new Soldiers a week.

"I would expect we're going to have

at least a 10-percent increase in Soldiers," she estimated.

The presence of 2nd Inf. Div. Soldiers at camps Eagle, Humphreys and K-16 makes in-processing the division at Camp Mobile a logistical challenge.

"Those Soldiers will still receive their initial issue from the central issue facility at their installations," Hy said.

Division officials are exploring ways export WRC training to geographically separated units in the future, Hy said.

> The Warrior Readiness Center offers a unique service.

nobody else on the peninsula does as 2d INFANTRY DIVISION SECOND TO NONE! much as we do for them," Hy said. "It's integration, not just

"As far as briefings,

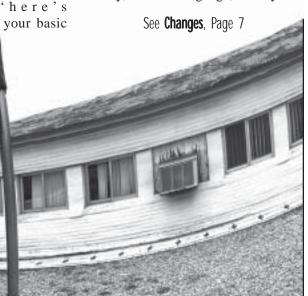
New Indianhead Division Soldiers Sgt. Siris Washington (right) and Pvt. Sherman Hill attend

an in-processing briefing at the Camp Mobile

Warrior Readiness Center June 17.

issue."

The WRC offers a five-day replacement and indoctrination program, which includes finance and administrative in-processing, but also briefs newcomers on the 2nd Inf. Div. history, Korean language, history and



Infantrymen compete for coveted EIB badge



Pfc. Joseph Connolly, Company B, 2-9 Infantry Combined Arms Battalion infantryman prepares his M-249 Squad Automatic Weapon during training for the Expert Infantryman Badge June 16.

2nd Infantry Division Public Affairs

CAMP CASEY — Warrior Division infantrymen from 2-9 Infantry Combined Arms Battalion and many other infantry Soldiers from across the peninsula took the ultimate test this week as they tested to earn the Expert Infantryman Badge.

"The EIB is a high point for an infantryman," said Pfc. Frank Rucker, Company B, 2-9 IN (CAB). "Earning the badge helps my Army career, and it gives me something to be proud of."

Rucker also said the key to earning the badge is simply to pay close attention.

"The test will be easy if you pay attention to detail," Rucker said. "It's when you rush through it without making sure everything is done right, that you mess up."

During the test, 353 candidates went through three lanes consisting of 34 different tasks.

The standards for the test are exactly

the same anywhere in the Army.

However, whether or not a Soldier earns the badge, many consider the training valuable.

"The EIB training is a great experience," said Spc. Shae Luther, Company A, 2-9 IN (CAB). "It is tough, but fair."

Many consider the badge an important symbol because it verifies they are good at their job.

"The EIB is very important because it lets the Soldiers experience and learn the basic techniques to be a true infantryman," Luther said. "It makes them familiar with their tasks."

Division leaders presented successful Soldiers with the hardearned badge in a ceremony Wednesday at Camp Casey.

"It has been an honor to host the EIB test for all the infantrymen in Korea,"

See **EIB**, Page 7

NEWS & NOTES

Ration Control Hours

The Camp Red Cloud Ration Control Office's new hours are: closed on Mondays, open from 8:30 a.m. - 4 p.m. Tuesday – Friday. The office is closed for lunch from 1-2 p.m.

Black Market Hotline

The Black Market Hotline number has changed to 738-5118. The number is monitored by an investigator during normal duty hours and switched to a recorder after hours. If an observation requires urgent attention, call the military police at 730-4417.

Korean Baseball League

The Camp Stanley Community Activity Center is hosting a trip to Seoul Saturday to see the Korean Baseball League's Hanwha team play the LG team at Jamsil Field. The transportation fee is \$10, with a 10,000 won park entrance fee. The bus will leave the CAC at 4 p.m.

Academic Advisors Visit

University of Maryland University College and Central Texas College academic advisors will be at the Camp Stanley Education Center 9 a.m. – 2:30 p.m. Wednesday. They will be available by appointment to advise students and for evaluation of military training for college credit. For appointments, call 732-5915 for UMUC or 732-5354 for CTC.

Changes of Command

- ■Lt Col. Stephen Murray, U.S. Army Garrison, Camp Casey commander, will relinquish command to Lt. Col. Terry Hodges in a ceremony at 10 a.m. Wednesday on Helipad 221, Camp Casey.
- ■Col. Jeffery T. Christiansen, Area I commander, will relinquish command to Col. Forrest Newton in a ceremony at 10 a.m. Thursday at the Village Green, Camp Red Cloud.

Office Closures

The following offices will close Thursday during the Area I change of command ceremony and reception.

- The Camp Red Cloud Education Center will be closed from 10 a.m. – 1 p.m. Thursday.
- ■Camp Red Cloud Army Community Service will be closed from 10 a.m. – 1:30 p.m. Thursday.
- The Area I Civilian Personnel Advisory Center will be closed 10 a.m. 12:30 p.m.Thursday.

Fourth of July Entertainment

Area I will feature the following free shows over the July Fourth weekend:

- Shaggy and Petey Pablo at 7 p.m. Friday at Camp Stanley.
- ■Shaggy and Petey Pablo at 7 p.m. July 3 at Camp Casey.
- ■Ty England at 7 p.m. July 4 at Camp Casey.
- Camp Red Cloud's Mitchell's Club will remain open until 2 a.m. July 3-4.

Special-needs children visit Camp Red Cloud

By Spc. Stephanie Pearson Area I Public Affairs

CAMP RED CLOUD — Twentynine local handicapped children visited here Saturday to tour the 2nd Infantry Division Museum.

Hwangbo Sun, chairwoman of the Parents of Handicapped Children Association of Uijeongbu, said they were thrilled for the opportunity. "It's been great," she said. "We really appreciate the chance to come on post."

After touring the museum, the children enjoyed a barbecue lunch on the Village Green provided by Camp Red Cloud Better Opportunities for Single and unaccompanied Soldiers representatives. Command Sgt. Maj. Yolanda Lomax, Area I BOSS advisor, said they were glad to participate.



SPC. STEPHANIE PEA

Local handicapped children gather outside the 2nd Infantry Division Museum after touring it Saturday.

"It was an event where we had the opportunity to provide community service and highlight one of the three pillars of BOSS," she explained. "All those involved enjoyed giving their time and efforts toward a wonderful cause."

Hwangbo said while the children really liked eating the American food, their favorite part was playing on the Village Green.

"It's been wonderful," Hwangbo said. "Things are limited on a military installation; ordinary people cannot enter, so we were able to let the children run and play without having to worry too much. They love open places, and I saw their faces light up. It was an unforgettable experience."

The visit was organized by the parent's association and Area I officials in support of the Good Neighbor Program, said Kil Kwang-chun, Area I community relations officer.

"This event was outstanding," Kil said. "We had 61 people attend. Hopefully they'll go home and tell their friends about the nice time they had with the U.S. Army."

E-mail stephanie.a.pearson@us.army.mil

Singer, actor, philosopher meets with troops

By Spc. Stephanie Pearson Area I Public Affairs

CAMP RED CLOUD — Punk icon Henry Rollins visited Mitchell's Club June 16 to meet with troops.

The singer, actor, author and philosopher hung out with servicemembers for an hour and a half, talking to fans, signing autographs and posing for photographs.

Rollins made the trip as part of a Pacific USO tour. This is his fifth USO tour.

"I try to schedule a USO trip when I have a break in touring," Rollins said. "I like the troops. They're good people doing an insane job with a crazy pay scale, so I always make time for them."

One excited fan fulfilled a life's dream by meeting Rollins.

"This really means a whole lot to me," said Sgt. Gregory Twait, Headquarters and Headquarters Company, 2nd Infantry Division. "It's pretty unbelievable. When my friends first told me he was coming here, I was like,

'yeah right.' I mean, I'm not surprised he came to a military installation – I'm just surprised he came to Camp Red Cloud."

Twait, who was introduced to Rollins' work by his uncle 15 years ago, said he almost missed the opportunity.

"If my friends hadn't told me about it, I wouldn't have been in the area and I'd have missed it," he said. "If that had happened, I'd have been

See Actor, Page 7

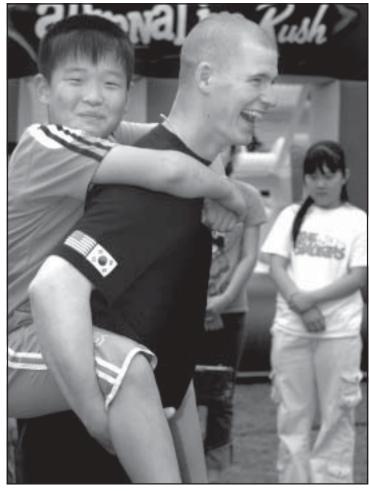


Spc. Stephanie Pearso

Pfc. Stephen Carroll strikes a pose with actor and singer Henry Rollins at Mitchell's Club on Camp Red Cloud June 16.



Artillerymen from the 1st Battalion, 15th Field Artillery Regiment play flag football during their organization day.



Pfc. Jed Saul gives Shim Un-baek a piggy-back ride at the 1st Battalion, 15th Field Artillery Regiment organizational day June 15. Saul teaches English at Shim's school, Topdong Elementary.



Sgt. 1st Class Antony Kennard (left) and Staff Sgt. John Fassett enjoy a barbecue meal at Red Leg Park.



Local school children and Soldiers play on inflatable air castles as part of organizational day festivities.

Division artillerymen enjoy all-sports day

By Spc. Stephanie Pearson

CAMP CASEY — Six hundred 1st Battalion, 15th Field Artillery Regiment Soldiers gathered June 15 for food, fun and friendship while celebrating their organization.

"It's a day of recreation activities, sports games and a Good Neighbor Event," said Staff Sgt. Daniel Roman, Headquarters Headquarters Battery. "We've invited 300 students and teachers from local Dongducheon elementary

schools that we teach at, and about 50 Republic of Korea Army Soldiers from two of our partner units to join us."

The day began with a friendship soccer tournament between the Korean and American Army teams. The competitions of the day included weightlifting, flag football, volleyball, softball and horseshoes.

After enjoying a barbecue lunch, Soldiers and children watched a 2nd Infantry Division Tae Kwon Do Team demonstration in Carey Fitness Center. A guidon relay race at Schoonover Bowl ended the official events, but the festivities didn't end there. The celebration continued with a block party behind the Warrior Club, featuring barbecue food and live music.

"It's a great idea," said Pfc. Joel Leterski, Battery A. "We're so used to doing the same thing every day, and all of a sudden it's like we're having a holiday event. It's a good reward."

Leterski said his favorite part was interacting with the children.

"It's cool that we get to play and hang out with the children. I think it's good for the kids to see the fun side of Soldiers, instead of always seeing us in uniform and doing training. It's a chance for us to improve ROK – U.S. relationships, because when these children get older they'll remember the times they shared with us and continue the alliance."

stephanie.a.pearson@us.army.mil

from Page 5

from Page 6 Actor_

severely depressed. I mean, some of the people who came tonight are here just to see my reaction."

Twait said Rollins lived up to all his expectations. "It was exactly what I expected," he said.

Even though Rollins didn't perform, Twait said getting to talk to him "was like a 5-minute personal performance."

Rollins said that is why he looks forward to doing more USO tours.

"The reason I can walk around and say whatever I want is because we have a military out there defending my right to do so," he said. "My support for the troops is unwavering."

(Editor's note: See Page 26 for a complete Rollins interview)

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EIB.

said Lt. Col. Ryan Kuhn, 2-9 IN (CAB) commander. "The battalion has been working hard for two months getting every event ready."

from Page 5

Kuhn said his battalion was committed to provide the best individual training for each infantryman.

"It has been impressive to see the NCOs pull together and lead this training and testing," Kuhn said. "It gives me great confidence that our NCO corps can accomplish any task."

Kuhn said he believes the greatest result of the training and testing is not winning a badge.

"It demonstrates we care about our Soldiers' future and it shows our investment to them," Kuhn said. "You can see that on each and every infantryman's face going for the EIB."

Changes_

customs, and important command

The Army and Air Force Exchange Service, Morale Welfare and Recreation, and USO offer briefings as well.

"We include these briefings to let Soldiers know about free-time opportunities, and to get them excited about their time here in Korea," Hy said.

New Soldiers also learn about the command's policies regarding human trafficking and prostitution, Hy said.

Soldiers learn about the "Warrior Standards." The handbook is an explanation of rules and regulations unique to members of the 2nd Inf. Div.

Hy said the center recently began offering a Junior Leader's Safety Course, in addition to the standard inprocessing.

"After in-processing, we offer an additional five-day course for junior leaders," Hy said. "The course prepares these leaders with the necessary tools to lead Soldiers and maintain safety during missions and off-duty time in the 2nd Infantry Division."

The center has the mission to integrate Korean Augmentation to the U.S. Army Soldiers into the division and also to out-process all 2ID Soldiers.

"Our goal is to make the programs at the Warrior Readiness Center a positive experience," Hy said. "We want to welcome, integrate and equip new warriors to enjoy Korea, and most of all, be ready to fight tonight."

E-mail david.mcnally@us.army.mil

Page 9

New Marine Corps Forces commander continues tradition of excellence

Sgt. Christopher Selmek

Area II Public Affairs

YONGSAN — Maj. Gen. Duane D. Thiessen accepted duties as commander, U.S. Marine Corps Forces Korea, in a ceremony held at Knight Field June 15.

Thiessen said he looks forward to taking over for Maj. Gen. John F. Goodman, who has held the position of MCFK and assistant chief of staff, C/J-5, United Nations Command, Combined Forces Command, U.S. Forces Korea, for the past year.

"General Goodman has led a path to success in his short time here," said Thiessen. "I am sure we will continue to perform outstanding service for USFK ... for the Republic of Korea ... for the alliance and for the United States Marine Corps. I look forward to working with all of you."

Thiessen is coming from the position of commanding general, 1st Marine Aircraft Wing, Okinawa, Japan, where he served for one year. In addition to his many assignments, he has attended the National War College in Washington D.C.

"Today we welcome a rock solid professional who will be taking over that tradition of excellence his predecessor set the standard for," said Gen. Leon J. LaPorte, USFK commander, who presided over the change of command. "At the same time, we bid farewell to an outstanding officer and a respected member of our community."

Goodman will go on to serve as the Marine Corp Pacific deputy commander.

"It has been my distinct honor to serve as part of the Combined Forces Command," said Goodman. "This tour has given me a new appreciation for the United States of America and Republic of Korea alliance, and for the vibrant nation Korea has become. This is a partnership of



Gen. Leon J. LaPorte, commander, United States Forces Korea, accepts the Marine Corp colors from Maj. Gen. John F. Goodman, outgoing commander, U.S. Marine Corps Forces Korea and Assistant Chief of Staff, C/J-5, United Nations Command, Combined Forces Command, U.S. Forces Korea, in a change of command ceremony at Knight Field June 15. The colors were then handed to Maj. Gen Duane D. Thiessen, who gladly accepted his role continuing the Marine tradition of excellence.

the two greatest Marine Corps in the world, and with each day I served here I appreciated this culture more and more."

LaPorte seemed optimistic that Thiessen would continue on the legacy of the United States Marines.

"The United States Marines are known for their discipline and toughness, and part of the reason

for that is because of service in Korea," LaPorte said. "Marines have a tradition of steadfast determination, and Gen. Thiessen is here to continue that fine tradition through his outstanding leadership."

E-mail Christopher.M.Selmek@us.army.mil

Elementary, middle school students take next big step

Area II Public Affairs

YONGSAN — As more than 130 seniors graduated at Seoul American High School June 11, other Area II students were preparing for their own rite of passage.

At Seoul American Elementary School, 202 fifth-grade students eagerly awaited

their June 15 graduation ceremony held in conjunction with an end-of-school year Drug Abuse Resistance, or DARE, program grand finale.

Each advancing fifth-grader received a graduation certificate. High performers also received academic excellence and achievement awards for

SGT. CHRISTOPHER SELMEK

Arthur Savig, a fourth-grader at Seoul American Elementary School, recieves his final report card of the year from his teacher, Martha West, during the last day of school June 17.

achieving a 3.5 grade point average and 85 percentile on the Terra Nova standardized test, a U.S. recognized test used by public and parochial schools.

SAES Principal Don Christensen expressed his pride in all of the students.

"You should all be very proud of your achievements this year," he said. "Your teachers are proud of you, your parents are proud of you and you should be proud of each other."

Though Seoul American Middle School has no formal graduation, 185 eighthgrade students there are moving on to high school. They attended an end-of-year awards ceremony June 8.

"It's not a true graduation, but today we're going to honor them at an awards ceremony that includes a host of academic awards and others from all types of extracurricular clubs," said Darrell Mood SAMS principal.

Thirty students received "The President's Mental Fitness Award" for high academic achievement.

Mood said students had mixed feelings

about leaving middle school.

"They are leaving a safe environment where they were student leaders for a new high school experience," he said. "I'm immensely proud of the accomplishments of these students."

Tanisha Smith, 13, has been in Korea for one year and will move with her family this summer to Washington, D.C.

"Going from middle school to high school is a big step in your life," said Smith, who has gone to eight different schools in her life. "You get to experience a lot of new things."

Smith said she felt like she was graduating from middle school though there was no formal graduation ceremony to mark the milestone.

Sidni Stafford, 14, who has lived in Korea for seven years, called high school "a new world" with more demands and privileges.

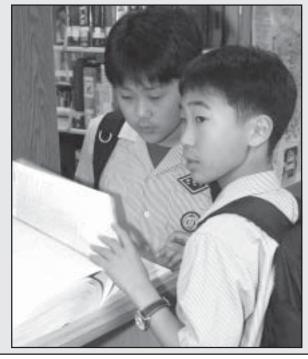
"It's different," she said. "You get more classes and get to go off campus for lunch."

E-mail harringtona@korea.army.mil

Special guests at Main Post Library



Yi Chae Yol, Yongsan Main Post Library librarian, shows 35 Korean middle school students how to use the library's research capabilities during their tour June 8. The Chung Woon Middle School psychology class surveyed Yongsan for several hours, concluding with the library tour and lunch at Townhouse Food Court on Main Post.



Jin Mon-gu and Choi Kyun II, 8thgraders at Chung Woon Middle School, examine a dictionary during their tour of Yongsan Garrison June 8.

New Yongsan shuttle bus schedule

Post Shuttle / Bus Schedule (Yongsan Bus Terminal)



6 a.m. 6:30 a.m. 7 a.m. 7:30 a.m. 8:30 a.m. 8 a.m. 9 a.m. 9:30 a.m. Monday - Friday 10 a.m. 10:30 a.m. 11 a.m. 11:30 a.m. Noon1 2:30 p.m. 1 p.m. 1:30 p.m. 2:30 p.m. 2 p.m. 3 p.m. 3:30 p.m.

4:30 p.m. 4 p.m. 5 p.m. 5:30 p.m. 6:30 p.m. 7 p.m. 7:30 p.m. 6 p.m.

Weekend / Holiday

•		
8 a.m.	8:30 a.m.	9 a.m.
9:30 a.m.	10 a.m.	10:30 a.m
11 p.m.	Noon	12:30 p.n
1 p.m.	1:30 p.m.	2 p.m.
2:30 p.m.	3 p.m.	3:30 p.m.
4 p.m.	4:30 p.m.	5 p.m.
5:30 p.m.	6 p.m.	6:30 p.m.
7 p.m.	7:30 p.m.	8 p.m.
8:30 p.m.	9 p.m.	

Yongsan - Cp Market Weekday: Unit operates van shuttle

8 p.m.

8 a.m. 1:10 p.m. LV. Cp Market AR. Bus Terminal 10 a.m. 3:05 p.m. LV. Bus Terminal 10:10 a.m. 3:10 p.m. AR. Cp Market Noon 4:45 p.m. (Times are subject to traffic conditions)

Weekends: No schedule Suspended until further notice

Yongsan - Hannam Village

5:30 a.m. 7 a.m. 8:15 a.m. 9:30 a.m. 10:45 a.m. Noon 1:15 p.m. 2:30 p.m. 3:45 p.m. 5 p.m. 6:15 p.m. 7:30 p.m. Depart: Hannam Gate #17 (Stop Pt #4) 5:45 a.m. 7:15 a.m. 8:30 a.m. 9:45 a.m. 11 a.m. 12:15 p.m. 1:30 p.m. 2:45 p.m. 4 p.m. 5:15 p.m. 6:30 p.m. 7:45 p.m. 5:48 a.m. 7:18 a.m. 8:33 a.m. 9:48 a.m. 11:03 p.m. 12:18 p.m. 1:33 p.m. 2:48 p.m. 4:03 p.m. 5:18 p.m. 6:33 p.m. 7:48 p.m. 121st Hospital 5:50 a.m. 7:20 a.m. 8:35 a.m. 9:50 a.m. 11:05 p.m. 12:20 p.m. 1:35 p.m. 2:50 p.m. 4:05 p.m. 5:20 p.m. 6:35 p.m. 7:50 p.m. Collier Field H. 5:52 a.m. 7:22 a.m. 8:37 a.m. 9:52 a.m. 11:07 a.m. 12:22 p.m. 1:37 p.m. 2:52 p.m. 4:07 p.m. 5:22 p.m. 6:37 p.m. 7:52 p.m. **CDS** Center 5:53 a.m. 7:23 a.m. 8:38 a.m. 9:53 a.m. 11:08 a.m. 12:23 p.m. 1:38 p.m. 2:53 p.m. 4:08 p.m. 5:23 p.m. 6:38 p.m. 7:53 p.m. **Commissary** 5:54 a.m. 7:24 a.m. 8:39 a.m. 9:54 a.m. 11:09 a.m. 12:24 p.m. 1:39 p.m. 2:54 p.m. 4:09 p.m. 5:24 p.m. 6:39 p.m. 7:54 p.m. **Gate #52** 5:55 a.m. 7:25 a.m. 8:40 a.m. 9:55 a.m. 11:10 a.m. 12:25 p.m. 1:40 p.m. 2:55 p.m. 4:10 p.m. 5:25 p.m. 6:40 p.m. 7:55 p.m. **Youth Center DHL T-4059** 5:56 a.m. 7:26 a.m. 8:41 a.m. 9:56 a.m. 11:11 a.m. 12:26 p.m. 1:41 p.m. 2:56 p.m. 4:11 p.m. 5:26 p.m. 6:41 p.m. 7:56 p.m. 5:59 a.m. 7:29 a.m. 8:44 a.m. 9:59 a.m. 11:14 p.m. 12:29 p.m. 1:44 p.m. 2:59 p.m. 4:14 p.m. 5:29 p.m. 6:44 p.m. 7:59 p.m. **Arrive: Moyer CSC**

SAHS (High School) **Youth Center** Gate #17 (Stop Pt #4) 121st Hospital **Collier Field House CDS** Center Commissary **Gate #52 Arrive: Hannam**

Depart: Moyer CSC 6 a.m. 7:30 a.m. 8:45 a.m. 10 a.m. 11:15 p.m. 12:30 p.m. 1:45 p.m. 3 p.m. 4:15 p.m. 5:30 p.m. 6:45 p.m. 8 p.m 6:05 a.m. 7:35 a.m. 8:50 a.m. 10:05 a.m. 11:20 p.m. 12:35 p.m. 1:50 p.m. 3:05 p.m. 4:20 p.m. 5:35 p.m. 6:50 p.m. 8:05 p.m 6:06 a.m. 7:36 a.m. 8:51 a.m. 10:06 a.m. 11:21 p.m. 12:36 p.m. 1:51 p.m. 3:06 p.m. 4:21 p.m. 5:36 p.m. 6:51 p.m. 8:06 p.m 6:07 a.m. 7:37 a.m. 8:52 a.m. 10:07 a.m. 11:22 p.m. 12:37 p.m. 1:52 p.m. 3:07 p.m. 4:22 p.m. 5:37 p.m. 6:52 p.m. 8:07 p.m 6:08 a.m. 7:38 a.m. 8:53 a.m. 10:08 a.m. 11:23 a.m. 12:38 p.m. 1:53 p.m. 3:08 p.m. 4:23 p.m. 5:38 p.m. 6:53 p.m. 8:08 p.m. 6:09 a.m. 7:39 a.m. 8:54 a.m. 10:09 a.m. 11:24 a.m. 12:39 p.m. 1:54 p.m. 3:09 p.m. 4:24 p.m. 5:39 p.m. 6:54 p.m. 8:09 p.m. 6:10 a.m. 7:40 a.m. 8:55 a.m. 10:10 a.m. 11:25 a.m. 12:40 p.m. 1:55 p.m. 3:10 p.m. 4:25 p.m. 5:40 p.m. 6:55 p.m. 8:10 p.m. 6:12 a.m. 7:42 a.m. 8:57 a.m. 10:12 a.m. 11:27 p.m. 12:42 p.m. 1:57 p.m. 3:12 p.m. 4:27 p.m. 5:42 p.m. 6:57 p.m. 8:12 p.m. 6:15 a.m. 7:45 a.m. 9 a.m. 10:15 a.m. 11:30 p.m. 12:45 p.m. 2 p.m. 3:15 p.m. 4:30 p.m. 5:45 p.m. 7 p.m. 8:15 p.m 6:30 a.m. 8 a.m. 9:15 a.m. 10:30 a.m. 11:45 p.m. 1 p.m. 2:15 p.m. 3:30 p.m. 4:45 p.m. 6 p.m. 7:15 p.m. 8:30 p.m.

> Effective July 1. For information, call 738-3250.

1 - 2 p.m.

3:30 p.m.

5:45 p.m.

7:30 p.m.

2 p.m.

4 p.m.

6 p.m.

Main Post Exchange

CFH/Williams Ave.

CFH/Williams Ave.

CFH/Williams Ave.

CFH/Williams Ave.

CFH/Williams Ave.

CFH/Williams Ave.

Area II Independence Day Weekend Activities

	· · · · · · · · · · · · · · · · · · ·	ondono L	Juj IIO	
TIME	LOCATION	ACTIVITY		ų
JULY 1			2 1	1
7 p.m.	Harvey's Lounge	Intensity, PI Band	4,4	1
8 p.m.	Main Post Club	Blue Eyze Band	V .	
JULY 2				-3
9 a.m 6 p.m.	4-Plex Lombardo Field	Softball Tournament		
9 a.m 6 p.m.	Collier Field House	Basketball Tournament	- M	
10 a.m.	Moyer CSC	Flea Market		
10 a.m.	Moyer CSC	Area II 8-Ball Pool League	'//	///
10 a.m 6 p.m.	Picnic Area #7	Sand Volleyball Tournament	- 4	//
4:30 p.m.	CFH/Williams Ave.	BOSS Tailgate Party	· · · · · · · · · · · · · · · · · · ·	///
6:30 p.m.	Main Post Club	Blue Eyze Band	2	- (4
7 p.m.	CFH/Williams Ave.	Petey Pablo Performance		
7:30 p.m.	Harvey's Lounge	Intensity, PI Band		_
8 p.m.	CFH/Williams Ave.	Shaggy Performance		
JULY 3			JULY 4	
9 a.m 6 p.m.	4 -Plex Lombardo Field	l Softball Tournament	8 a.m.	CFH
9 a.m 6 p.m.	CFH	Basketball Tournament	11 a.m midnight	Yong
10 a.m 5 p.m.	Picnic Area #7	Sand Volleyball Tournament	10 a.m 3 p.m.	4-Ple
11 a.m 8 p.m.	CFH/Williams Ave.	Community Festival	2 p.m.	CP C
11:30 a.m 12:45 p.m.	DFAS	Ty England Lunch with troops	10 a.m 3 p.m.	Collie
Noon	CFH/Williams Ave.	LRD	5:30 - 6:30 p.m.	CFH/

Ty England Autograph Session

Korean Idol Performance

Korean Entertainment Show

Appreciation Awards to Sponsors

Photo/autograph session

U.S. Band, Blue Eyze

Grand Prize Drawing

Ty England Concert



gsan Lanes ex Lombardo Field Softball Tournament Colbern CRC lier Field House H/Williams Ave 6:30 p.m. CFH/Williams Ave. 7:30 p.m. CFH/Williams Ave. 8:45 p.m. CFH/Williams Ave. Field # 5

5K Fun Run \$1 Game Day, free shoes Independence Day Party Basketball Tournament Blue Frog Band DJ, Patriotic Music 8th U.S. Army Band **FIREWORKS**

*CFH is Collier Field House

*Moyer CSC is Moyer Community Services Center

For information, call 738-4058

NEWS & NOTES

Commander's Hotline

Area II residents who have questions or comments for the Area II commander or command group can voice them by emailing areaiitownhall@korea.army.mil or by calling 738-3484.

Area II Support Activity Organization Day

The Area II Support Activity will host an Organization Day 11 a.m. - 4 p.m. July 1 at Lombardo Field. Some of divisions including registration ration card, child care, youth services, housing, transportation and Clubs will be in operation as scheduled. For information, call 738-7316 or e-mail barry.l.robinson@korea.army.mil.

ARC Openings and Classes

The American Red Cross Volunteer Program has immediate openings for a records chairman, chairman of volunteers and a medical chairman. The American Red Cross Volunteer Program has immediate openings for a records chairman, chairman of volunteers and a medical chairman. The free New Volunteer Orientation will be held 9 a.m. – 5 p.m. July 21 and Babysitting class will be held 9 a.m. – 5 p.m. July 23. For information, call 738-3670.

Basketball League

The deadline to register for the 2005 Area II Summer Basketball League is Monday.

League begins July 9 and is open to Area II residents only. Couches' meeting will be at 1 p.m. Tuesday, and a pre-season tournament July 2-4. For information, call 736-4032.

Softball Tournament

The deadline to register for the 2005 Independence Day Softball Tournament is Monday. There is a \$25 entry fee and registration is open for the first 16 teams. The double elimination tournament will be July 2 – 4. A coaches' meeting will be at 2:30 p.m. Tuesday at Collier Field House, South Post.

Volleyball Tournament

The deadline to register for the 2005 Area II Sand Volleyball Tournament is Monday. Games will be held July 2 – 4, and a coaches' meeting will be at noon Tuesday at Collier Field House. For information, call 736-7746 or 736-4032.

Summer Reading Club

All 5 to 12-year-olds are invited to experience a summer long reading fantasy called "Dragons, Dreams & Daring Deeds" at the Yongsan and Hannam Village Libraries at 1 p.m. Monday – Aug. 5. For information, call 723-7300.

Camp Adventure

Yongsan/Hannam School-Age Services and Camp Adventure Youth Services will host summer recreation programs for children 1st through 5th grades Monday – Aug. 19. Program activities include weekly field trips, swimming, arts and crafts, songs, games and individual age group activities. For information, call 738-4707 or 723-4522.

SOFA Stamp Service

Army Community Service Relocation Readiness provides monthly Status of Forces Agreement Stamp Services at 2 p.m. Tuesday at Room 118. For information, call 738-4617.

ASACS Summer Classes

Adolescent Substance Abuse Counseling Services and the Youth Services Teen Center sponsor several summer classes for six weeks starting July 1. All activities will be two hours except "Anger Management." For information, call 738-6816.

Women's Bible Study

Protestant Women of the Chapel will hold summer Bible study 9 – 11 a.m. Wednesdays July 6 – Aug. 3 at South Post Chapel. The study will be "Women of the Bible" by Ann Spangler and Jean E. Syswerda. Free childcare is provided. All women are welcome at any time. For information, call 795-4073.

Christian men's Monthly Breakfast

Men of the Morning Calm (Promise Keepers) will host a monthly breakfast at 8 a.m. July 9 at South Post Chapel.

For information, e-mail grandinj@korea.army.mil or kramert@korea.army.mil.

Computer Club Meeting

The Seoul Computer Club will have a monthly meeting at 2 p.m. July 9 at the USO on Camp Kim. All are welcome to attend and learn about computers from the experts. For information, e-mail tommykramer@hotmail.com or logon to www.seoulcc.org.

Volunteer of the Quarter

The Volunteer of the Quarter ceremony will be held 3-4:30 p.m. July 13 at the Army Community Services Building. For information, call 738-7510.

Local OCS Board

The Area II Support Activity local Officer Candidate School board will be held at 9:30 a.m. July 15 in the Area II headquarters building command conference room. For information, call 738-5017.

News and Notes Deadlines

Deadline for submission to Community Calendar is Friday prior to the next week's publication. Announcements will be published on a first-come, first-served basis. Each announcement should include who, what, when, where and a point-of-contact phone number. Submit items for publication to christopher.m.selmek@us.army.mil. For information, call 738-7352 or 7356.

Preparation key to smooth PCS move

U.S. Armed Forces Claims Service, Korea

ummer is the time of year when many servicemembers and their families are busy with final preparations for moving to a new duty station. A big part of such a move is arranging for shipment of household goods. A small amount of planning and attention to detail at your new duty station can make this part of the move go much smoother.

Before moving you should gather all of your receipts and other documents that show the value of your household goods. You may need these documents if your goods are lost or damaged in shipment. For extremely valuable items, such as antique furniture or works of art, consider obtaining an appraisal before shipment so you have a record of the item's value. Plan on shipping all of these documents separately from your household goods, either by mailing them or hand carrying them. That way you will still have proof of ownership and of the value of your property in the unlikely event that your entire shipment is lost.

When you arrange for shipment of household goods at the transportation office, discuss your insurance options. While insurance through the transportation office is generally not available overseas, private insurance companies can provide insurance coverage. Most renters insurance will cover goods lost during shipment, although most will not cover goods damaged during shipment.

Insurance coverage may be especially important for extremely valuable items, such as expensive televisions. Military claims offices have established maximum amounts that they can pay for certain items - for example, the maximum amount that can be paid for a television is \$1,500 -- regardless of the cost of the item. To ensure full coverage for your television, you should contact an insurance company.

Before the movers arrive, you should take photographs of valuable items. Turn televisions on before taking the photographs, to show that your television was working properly. Take DVDs and compact discs out of their cases, to demonstrate the extent of your collection. If possible, make a videotape of all of your property using

a video camera. This will provide you with evidence of what you owned before the move. Ship the photos or videotape separately from your household goods.

PCSing members should plan on hand carrying jewelry, coin collections and

other small, valuable items. The government claims system cannot compensate you for coins lost in shipment. It is also unlikely that you will be compensated for jewelry lost in shipment, because it is extremely difficult to prove precisely what was

On the day before the move, prepare your quarters for the arrival of the packers. Remove photos from the wall and unplug televisions and other electrical appliances. If you want the packers to pack your stereo in its original box, set the box next to the stereo. It is best not to pack items yourself because damage to "owner packed" items is often blamed on the owner's packing, rather than rough handling.

Separate items you plan to hand carry from the rest of your household goods.

On the day of the move, watch the packers to ensure that your property is properly packed. If anything is broken during packing or loading, make a note on the inventory explaining the damage.

little

property is lost or damaged."

Tell the packers that you want to be present and review the inventory when they record the condition of large or expensive items like furniture. The packers will use codes to show the condition of your furniture. These codes are described at the top or bottom of the inventory, and you should understand them before you sign the inventory. If

the codes are inaccurate, you have advance the right to note this on the inventory preparation can help make your before signing it.

Once the shipping boxes and move easier and ensure that you other items are loaded into will be fairly compensated if your crates, ensure that they are properly sealed and that you receive a complete inventory of your household goods. Check

> over the inventory carefully before the movers leave your quarters.

> Once your household goods arrive at your new duty station, be sure to inspect them carefully for loss or damage. One of the most important documents you will receive is the "pink form," the DD Form 1840. Use this form to annotate lost and damaged items that vou notice on the day of delivery.

> Use the back of DD Form 1980R to annotate lost and damaged items that you discover after the movers have left your new quarters. You have 70 days to turn this form in to the nearest claims office. If you miss this deadline, you most likely will not be able to recover anything for your lost and damaged items.

> Shipping your household goods can be traumatic, however, a little advance preparation can help make your move easier and ensure that you will be fairly compensated if your property is lost or damaged. For questions, contact the nearest military claims office.



NOW SHOWING AT THEATERS IN KOREA

FOR MORE LISTINGS CALL YOUR THEATER OR VISIT WWW.AAFEE.COM ONLINE - SCHOOLES ARE BUILDEGT TO CHAN

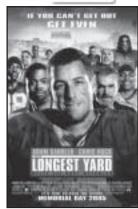
FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Amityville Horror R	Amityville Horror R	Sisterhood of the Traveling Pants PG	Sisterhood of the Traveling Pants	A Lot Like Love PG-13	A Lot Like Love PG-13	Hostage R
Sahara PG-13	Ice Princess G	Fever Pitch PG-13	No Show	The Ring Two PG-13	King's Ransom PG-13	Sisterhood of the Traveling Pants PG
King's Ransom PG-13	The Longest Yard PG-13	The Longest Yard PG-13	Amityville Horror R	No Show	No Show	No Show
Sisterhood of the Traveling Pants PG	Sisterhood of the Traveling Pants PG	Sisterhood of the Traveling Pants PG	King's Ransom PG-13	Cursed PG-13	A Lot Like Love PG-13	A Lot Like Love PG-13
The Longest Yard PG-13	Sahara PG-13	King's Ransom PG-13	No Show	No Show	No Show	No Show
A Lot Like Love PG-13	Sisterhood of the Traveling Pants PG	A Lot Like Love PG-13	Amityville Horror R	Sisterhood of the Traveling Pants PG	Amityville Horror R	Beauty Shop PG-13
King's Ransom PG-13	King's Ransom PG-13	Amityville Horror R	No Show	Amityville Horror R	A Lot Like Love PG-13	A Lot Like Love PG-13
	Amityville Horror R Sahara PG-13 King's Ransom PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 A Lot Like Love PG-13 King's Ransom	Amityville Horror R Sahara PG-13 Ice Princess G King's Ransom PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sahara PG-13 A Lot Like Love PG-13 King's Ransom King's Ransom King's Ransom	Amityville Horror R Amityville Horror R Sisterhood of the Traveling Pants PG Sahara PG-13 Ice Princess G Fever Pitch PG-13 King's Ransom PG-13 Yard PG-13 Sisterhood of the Traveling Pants PG The Longest Traveling Pants PG The Longest PG-13 Sisterhood of the Traveling Pants PG The Longest P	Amityville Horror R Amityville Horror R Amityville Horror R Sisterhood of the Traveling Pants PG Sahara PG-13 Ice Princess G Fever Pitch PG-13 King's Ransom PG-13 The Longest Yard PG-13 Sisterhood of the Traveling Pants PG Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sisterhood of the Traveling Pants PG A Lot Like Love PG-13 King's Ransom PG-13 A Lot Like Love PG-13 King's Ransom Amityville No Show	Amityville Horror R Fever Pitch PG-13 King's Ransom PG-13 The Longest Yard PG-13 Sisterhood of the Traveling Pants PG A Lot Like Love PG-13 King's Ransom PG-13 King's Ransom PG-13 King's Ransom PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sisterhood of the Traveling Pants PG The Longest Yard PG-13 Sahara PG-13 Sisterhood of the Traveling Pants PG A Lot Like Love PG-13 A Lot Like Love PG-13 King's Ransom PG-13 No Show No Show No Show No Show No Show Amityville King's Ransom PG-13 A Lot Like Love PG-13 A Lot Like Love PG-13 King's Ransom Amityville No Show Amityville	Amityville Horror R Amityville Fever Pitch PG-13 No Show The Ring Two PG-13 King's Ransom PG-13 King's Ransom PG-13 Amityville Horror R Sisterhood of the Traveling Pants PG Traveling Pants PG Amityville Figure Amityville F



Sisterhood of the Traveling **Pants** Four best friends, Tibby, Lena, Carmen and Bridget spend their first summer apart from one another, they share a magical pair of jeans. Despite being of various shapes and sizes, each one of them fits perfectly into the pants. To keep in touch they pass these pants to each other as well as the adventures they are going through while apart.



King's Malcolm is a wealthy and arrogant businessman whose soon to be ex-wife has plans to take him for everything he's worth in their divorce settlement. Determined to avoid losing his fortune to her, Malcolm plans his own kidnapping with the help of his dimwitted mistress and her excon brother. Unfortunately for Malcolm, he is not the only one with a kidnapping



Ransom The Longest Yard Paul "Wrecking" Crewe was a revered football superstar back in his day, but that time has since faded. When a messy drunk driving incident lands him in jail, Paul finds he was specifically requested by Warden Hazen, a duplicitous prison official who wants Crewe to assemble a team of convicts, to square off in a big football game against the sadistic guards. With the help of fellow convict Caretaker, and an old legend named Nate to coach, Crewe is ready for what promises to be a very interesting game.



Mr. & Mrs. Smith
John and Jane Smith are an
ordinary suburban couple
with a seemingly ordinary,
lifeless suburban marriage.
But each of them has a
secret — they are actually
both legendary assassins
working for competing
organizations. When the
truth comes out, John and
Jane end up in each other's
cross-hairs.



Sahara -- Master explorer Dirk takes on the adventure of his life when he embarks on a treasure hunt through some of the most dangerous regions of North Africa. Searching for what locals call "The Ship of Death," a long lost Civil War battleship filled with coins, Pitt and his wisecracking sidekick use their wits and clever heroics to help Doctor Eva Rojas who believes the ship may be linked to mysterious deaths in the very same area.



The Honeymooners New York City bus driver Ralph and his feisty wife Alice struggle to make ends meet. Despite Ralph's many get-rich-quick schemes, they've managed to save some money and, along with their best friends Ed and Trixie, they seem to have almost enough money for a down payment on a Brooklyn duplex. However, when Ralph's latest scheme costs him all his money and his marraige, it takes all his determination and love for Alice to get things on track again.

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
LONG 721-3407	Guess Who PG-	Star Wars: Episode III PG-13	House of Wax PG-13	No Show	No Show	No Show	No Show	
OSAN 784-4930	Mr. & Mrs. Mr. & Mrs. Smith PG-13 Smith PG-13		The Honeymooners PG-13	The Honeymooners PG-13	The Honeymooners PG-13	A Lot Like Love PG-13	A Lot Like Love PG-13	
RED CLOUD 732-6620	Sisterhood of the Traveling Pants PG	Amityville Horror R	Amityville Horror R	King's Ransom PG-13	King's Ransom PG-13	No Show	The Honeymooners PG-13	
STANLEY 732-5565	Amityville Horror R	Amityville Horror R	Hostage R	A Lot Like Love PG-13	No Show	The Honeymooners PG-13	A Lot Like Love PG-13	
YONGSAN I 738-7389	The Honeymooners PG-13	The Honeymooners PG-13	Mr. & Mrs. Smith PG-13	Mr. & Mrs. Smith PG-13	Mr. & Mrs. Smith PG-13	King's Ransom PG-13	King's Ransom PG-13	
YONGSAN II 735-7359	A Lot Like Love PG-13	A Lot Like Love PG-13	A Lot Like Love PG-13	Ice Princess G	Ice Princess G	Son of the Mask PG	Son of the Mask PG	
YONGSAN III 738-7389	King's Ransom PG-13	King's Ransom PG-13	King's Ransom PG-13	The Ring Two PG-13	The Ring Two PG-13	Guess Who PG-13	Guess Who PG-13	

Listening often key to good communication

By Chaplain (Lt. Col.) Daniel Minjares 8th Military Police Brigade

The world today is filled with the ever-present cell phone. It seems that no matter where you go, or where you drive, you see someone with or talking on one of these amazing, technologically advanced devices.

This would lead to the assumption that with the dramatic increase in the number of cell phones and all the talking taking place on cell phones, that we are communicating more and better than ever.

In fact, the Verizon cell phone guy continually asks the question, "Can you hear me now? Good." And yet, even though you may be able to hear another person, and you may be getting great reception, this doesn't mean that communication is taking place.

As I watch people on cell phones, what I see is a lot of talking but not much listening. It is easy at times to think that if two people are talking, and there are many words flying around in the conversation, then they are communicating. While words and talking are significant parts of the communication process, there is one more vitally important piece that is easily overlooked.

When a couple comes in for marriage counseling, quite frequently one of the concerns in their marriage is difficulty in communication. As I talk with them about their communication, what many times winds up being the real issue isn't that they aren't talking, but they are not listening to each other.

The simple, yet difficult art of really listening to someone else can dramatically improve our communication ability. But, listening is hard work. It is challenging and difficult at times for us to quit what we were doing or thinking about, and devote ourselves to listening to the other person.

Not surprisingly the Bible has some important

guidance that will help us communicate more effectively and make our relationships more satisfying. James 1:19 says, "Everyone should be quick to listen and slow to speak." We are unfortunately, very well practiced at the reverse of this admonition. We are quick to speak and slow to listen.

By listening carefully and attentively, we show the person they are important to us and that we want to hear what they are saying. When we stop talking, put the paper aside, stop working on the computer, or kneel down to our child when they talk, we are saying to them, "I love you and you are important to me."

I would encourage you to begin today to work at becoming better at the fine art of listening. You will be amazed at the difference this will make in your communicating with others and how much better the important relationships in your life will become.

Area II Worship Services										
Catholic Mass	Sunday Tuesday		South Post Chapel Memorial Chapel 121 Hospital Chapel South Post Chapel	Collective	Sunday	8 a.m. 9:30 a.m. 9:30 a.m.	Memorial Chapel 121 Hospital Chapel Hannam Village Chapel (Korean)	KCFA Latter-Day Saints	2nd Tues.	6:30 p.m. Memorial Chapel 11:45 a.m. Memorial Chapel 11:45 a.m. Memorial Chapel
	MonWed	d., ThursFri	Memorial Chapel			10:30 a.m	. K-16 Community Chapel	,		nation on services, call 738-3011.
Jewish Protestant Services	Saturday Friday	5 p.m. 6 p.m.	Memorial Chapel South Post Chapel			11 a.m.	Hannam Village Chapel South Post Chapel	Chap	ain (Lt.	Chaplains Col.) Vincent Burns
Episcopal United Pentecostal Church of Christ	Sunday Sunday Sunday	10 a.m. 1:30 p.m. 2 p.m.	Memorial Chapel Memorial Chapel South Post Chapel	Collective	Sunday	10 a.m. 6 p.m.	(Gospel) South Post Chapel South Post Chapel	Chap	ain (Lt.	rmy.mil or DSN 725-2955 Col.) David Colwell a.army.mil or DSN 738-4043
Church International				Korean	Tuesday	6 p.m.	Camp Colbern Chapel			

Nearby seafood market offers fresh variety



James Hogreby and a guest anticipate the taste of just-cooked fresh shrimp, while (Below) a patron enjoys some fresh shrimp at a seaside restaurant.



The market opens at 7, six days a week.

Area III Public Affairs

Seafood lovers can get to the market





A vendor offers live cuttlefish for sale.







Vendors at the Song-ak seafood market offer fresh and exotic seafood for those willing to adventure the 16miles to get there. Fish, shrimp and crab are abundant as are an amazing variety of shellfish and mussels.

Fish, crab and shrimp are only a few of the offerings which include an **CAMP HUMPHREYS** – For those incredible variety of mussels and who love fresh, exotic seafood, paradise shellfish, cuttlefish and octopus.

> In addition to the market, there are seafood restaurants, a park from which to view the fishing fleet and relax, and a pair of Korean naval vessels open for touring.

> The prize though, is the savory goodness of fresh seafood, however you choose to prepare it.



display.



A pair of Korean naval vessels are moored at the market and can be toured.



Warrior Division 8-Ball **Tourney**

The 2005 Warrior Division 8-Ball Tournament will be held at the Camp Stanley Community Activity Center, starting at 10 a.m. Saturday. Winners will advance to the 8th U.S. Army Championship July 9-10 at the Camp Casey Community Activity Center. For information, call 732-5366.

Bowling Center Customer Appreciation

The Camp Red Cloud Bowling Center will host the customer appreciation night, beginning at 6:30 p.m. Friday. Customers are invited to come to the CRC Bowling Center and enjoy bowling and free snacks during the event. For information, call 732-6930.

Carson Downey Band

A combination of southern soul, Texas blues and pure electric rock n' roll, The Carson Downey Band is visiting Warrior country. The band will entertain at the Camp Stanley Reggie's Tuesday. The show will begin at 7 p.m. For information, call 732-6819.

'Friends Fun Time' **Bowling**

The Camp Casey Bowling Center is offering "Pizza, Pop N Bowl Friends Fun Time" starting at 4 p.m. every Wednesday. This is a package for a group of four, offering one large one topping pizza, a pitcher of soda, two hours of games and free shoe rental. Bring your own music CD and the bowling center will play for your party. For information, call 730-4577.

MWR Happenings Radio Show

Check out the MWR Happenings Radio Show on 102.7 FM, American Forces-Korea Network's Warrior Radio every Friday between 3 and 4 p.m. MWR Happenings provides the latest information on upcoming recreation entertainment, sports, club and bowling events in Area I, as well as an opportunity to win cool MWR giveaways. For information, call 730-6514.

'Putt 4 Dough'

Camp Casey's Indianhead Golf Course is hosting "Putt 4 Dough" starting at 8 a.m. July 9. You could be the winner of \$10,000 if you make three consecutive putts in a row. The first putt will be from a distance of 10 feet; if the contestant makes the 10-foot putt they advance to the second putt. The second putt is from a distance of 25 feet. If the contestant makes the second putt, they advance to the third and final putt from a distance of 50 feet. If all three putts are made and all conditions have been met the contestant will win \$10,000. Visit Camp Casey Golf Course to find out rules and regulations or to pick up a registration card.

Down Under Discount

Military offered cheap travel to Australia

By Tim Hipps

Army News Service

ALEXANDRIA, Va. - Military travelers can now purchase vacations to Australia for about the same cost as a getaway to Europe by visiting http:// www.offdutytravel.com.

Authorized Morale, Welfare and Recreation patrons can go to the Off Duty Travel Web site and click on Joint Services Travel Specials to begin a stepby-step process for building itineraries to a vacation Down Under. After preparing the itinerary, they can visit a supporting Information, Ticket and Reservation office or Information, Tickets and Tours office to finalize the booking, confirm arrangements and pay for the vacation.

"We're estimating these packages will be 10 to 30 percent less expensive than anything else they're going to be able to find," said Dan Yount, chief of Army Leisure Travel Services at the U.S. Army Community and Family Support Center.

MWR patrons can purchase eightday trips from Los Angeles to Sydney, including lodging at three- or four-star hotels with some tours, starting as low as \$1,300. It can be even more affordable for Soldiers on Rest and Recuperation leave from Operation Iraqi Freedom and Operation Enduring Freedom.

"If someone is on R&R leave out of either Iraq or Afghanistan, the government will fly them any place that is shown as their destination on their leave orders," Yount explained. "So when they're planning their R&R leave, and enter Sydney, Australia, as the leave destination, the Transportation Office will arrange transportation to Sydney."

"For Soldiers serving in Iraq and Afghanistan supporting OIF and OEF, this is a benefit that could be an oncein-a-lifetime opportunity to go on a great vacation with Uncle Sam paying a major part of the expense."

The Australian packages are a Combined Army, Navy and Marine Corps



Built for speed and strength, the kangaroo is an Australian icon and easily recognizable as one of the country's national symbols.

ITR/ITT program available to active duty, members of the Reserve component, retired military, family members, and Department of Defense civilians.

"Any authorized MWR patron [who] can provide proof of DoD affiliation is eligible," Yount said. "This kind of a product hasn't been available on a lot of military bases since 1999 when the Army and Navy parted company with commercial travel contractors providing leisure travel services on many installations. And it's never been available at a price this low."

Military personnel assigned to OIF or OEF and approved to take authorized R&R leave can click on the R&R Troop Travel link for more information. MWR patrons can also click on the Great Travel Deals link. The "deals" include numerous vacation packages to all eight of Australia's states.

Yount said there always will be fluctuation in pricing based on the season, but noted that there is no bad time to visit Australia.

"Australian seasons are the opposite of ours, with winter occurring in June, July, and August, and summer starting in January," Yount said. "Weather patterns are much milder than a winter

in the Northeastern United States or the Midwest."

New York, Los Angeles and Honolulu are the embarkation points. Travelers can make arrangements from their nearest airport as part of the travel package using a Qantas code share partner or they may make their own travel arrangements to those destinations.

If travelers do not have access to a local ITT or ITR office they can make arrangements via e-mail or telephone. A deposit that includes the full price of the airline ticket and a percentage of the land packages will be required upon booking. Travelers will have up to 45 days before departure to finish paying for the package.

"Those who want to book a year out are going to be able to take their time paying so it probably won't be painful at one time," Yount said. "If a person wants to pay all at once and leave in a week or two, that's their privilege, too. If they make [the reservation] within 45 days, they have to pay immediately."

Yount said the Australian vacation's affordability is tough to beat.

"We regard this opportunity as a great example of MWR in action providing affordable, top-quality services and products at a price unavailable off base."

Camp Adventure begins Monday

By Sonnie Champiany

Korea Region MWR

YONGSAN - Morale, Welfare and Recreation's Child & Youth Services program will kick off the end of the school year with the opening of "Camp Adventure" Monday.

Camp Adventure is a program designed to bring summer camp to military kids in Korea. Camp Adventure will be conducted until Aug. 19 in all Area Support Activity Child and Youth Services programs and also at the Camp Red Cloud Community Activity Center.

Activities include swimming, sports, social activities, arts and crafts, and field trips. The program is open to all eligible youth grades one through five. Registration will be held at the local CYS Central Registration Office.

The University of Northern Iowa operates the program. Counselors are college students from U.S. universities. The camp counselors go through extensive background checks and training program before they become Camp Adventure Counselors. For information, call the local CYS.

Beyond Glory tells story behind **Medals of Honor**

Film actor Stephen Lang brings to the stage the riveting stories of eight American servicemen who received the Medal of Honor and went above and beyond the call of duty.

The show will be at Osan Air Base at 7 p.m. Friday; Camp Humphreys, 7 p.m. Saturday; Camp Casey's Warrior's Club, 7 p.m. Tuesday' and the Camp Red Cloud Theater at 2 and 6 p.m. Wednesday. The performanes are presented by Morale. Welfare and Recreation. For information, call 725-

*Central Region

New leader

PHOTOS BY ROGER EDWARDS

Lt. Col. Deborah Myers addresses Soldiers of the 3rd Military Intelligence Brigade and guests during a change of command ceremony Friday.

New leader assumes command of 3rd MI

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS – Lt. Col. Steve Johns passed leadership of the 3rd Military Intelligence Battalion to Lt. Col. Deborah A. Myers during a change of command ceremony on June 17.

Myers has begun her second assignment with 3rd M.I. Col. Steven Peterson, 501st Military Intelligence Brigade commander, said that Myers served as Battalion S4, Headquarters Company Commander, Battalion Executive Officer and Battalion S3 earlier in her career.

"She returns to the battalion from her last assignment as the Intelligence and Security Command Aviation Officer [Ft. Belvoir, Va.]," he said, "with 19-years of knowledge and experience in both the aviation and military intelligence fields."

"It is a great honor to be joining the ranks of those that serve in the Winged Vigilance Battalion," said Myers. "I'm excited to be a part of the 501st Military Intelligence Brigade and the Camp Humphreys communities again.

The new commander thanked Johns, saying "you are relinquishing command of a first class unit and I appreciate your hard work and dedication in leading them to their current high state of readiness."



New 3rd Military Intelligence Brigade Commander, Lt. Col. Deborah Myers, receives the battalion colors from outgoing commander Lt. Col. Steve Johns during a change of command ceremony Friday.

Accuracy is name of game for Pacific Detachment, 95th Maint.Co.

By Roger EdwardsArea III Public Affairs

CAMP HUMPHREYS – Today's Soldier depends on test equipment to keep the high-tech Army ready to do its job. It's critical.

The troops at the 95th Maintenance Company, Detachment Pacific, are there to make sure that equipment is accurate.

"If a torsion wrench is not accurate, a critical helicopter bolt could sheer off," said Master Sgt. Clark Ware, Pacific Detachment, 95th Maintenance Company NCOIC. If an aircraft pitot and static pressure system is miscalibrated then the pilot might think he's lower than he actually is or that his rate of descent is slower than reality."

The 12 Soldiers assigned to the detachment are responsible for the accuracy of approximately 600 types of testing equipment used to test more than 6,000 tools used in Area III. These tools range from torsion wrenches to radios to aiming circles used on the Patriot missile batteries.

The time necessary to ensure an item's accuracy ranges from half an hour for a torsion wrench to a week or more for a radio test set.

"We're one of the professions like writers, movie makers and parachute packers, that takes personal responsibility for the accuracy of our work," said Ware. "Every piece of equipment we work on and send back to the field has a sticker on it that gives the date it was certified, the date it's due to be certified again and the signature



PHOTOS BY ROGER EDWAR

Pfc. Shawn Wright calibrates a millivoltmeter in one of the lab trucks the detachment has available for field exercises or emergencies.

of the technician who did the certification.

"We stay pretty busy," he continued, "and if it's something we can't certify, or that is outside our range of accuracy, we get rid of it or send it up to the next level."

Ware uses a multimeter as an example of levels of accuracy. "When we test a multimeter," he said, "one volt passed through the meter must read one volt plus or minus three percent.

"There are meters though that require higher levels of accuracy; no more than plus or minus one-quarter volt or no more than plus or minus four-one-thousands of a volt. These are sent to higher levels."

The 95th Maint. Co. has its headquarters at Redstone Arsenal in Ala., but supplies test technicians to labs in all parts of the world.

The detachment has Soldiers here and at camps Casey and Sears. There are also civilian technicians assigned under the Pacific Region to camps Carroll and Coiner in Korea, and Camp Zama in Japan.

Adult, Infant, Child CPR & First Aid Training

The American Red Cross offers first aid and CPR training from 10 a.m. to 5 p.m. Saturday, in Building 262. Cost for the training is \$35. Pre-pay is required. For information, call 753-7172.

Camp Humphreys **Freedom Fest**

The event will take place at the Main **Exchange Parking Lot.** Check with Morale, Welfare and Recreation offices, or the **Community Activity Center for** contest times, details and prizes. **Activities include:**

Thursday

Boxing smoker at the gym.

July 1

50-Hour Beard Growing Contest 8-Ball Doubles, Mixed Doubles Table Tennis and Foosball

July 2

Darts Clinic, Doubles Air Hockey, X-Box Marathon, One-Pitch Softball at Soldier's Park (July 2 and 3) Summer Basketball and Racket Ball Tourneys (July 2-4), Chop Stick Skills, BK Wimpy Challenge (Burger Eating Contest), Water Balloon Toss, No-Hands Kimchi Pie Eating Contest, How Low Can You Go Limbo

July 3

Gaming Challenge – 3-Person Cutthroat Pool, Pocketless Korean Pool, American 9-Ball, Patriotic Movie Marathon, Wrap Your Mummy, Popeye's Wing Challenge, Balloon Blowin, Apple Pie Eating, Humphreys Fear Factor

July 4

5, 10 and 20 K Run (Register at 7 a.m. Race at 8 a.m.) Lip Sync Contest, Pepper Eating Contest, Humphreys Trivia, Unit Humvee Pull, Miniature Golf (free), Open Bowling (free), Paintball on the Lemon Lot Course (Gun, protective gear and 50 paintball rounds free).

July 5

SUWON HYUNDAI UNICORNS

Professional Baseball Free box seats, \$10 per person includes transportation, box lunch. Reservations must be made by Monday. See the local CAC for information.

Camps Long and Eagle July 1

Swim Meet Eagle Indoor Pool July 2

Samaksun Holiday Hike, DVD Movie w/popcorn, American Pool, Table Tennis, Darts and One Pitch Softball Tournies

July 3

Horseshoe, 4-on-4 Volleyball, Tug-O-War, X-Box/PS2, Chess, Korean Pool, 9-Ball, Spades Tournaments Big Glove Boxing, Mini-Golf, Jousting Arena, Sumo Suits, Air Bubble Gym, Dunk Tank and Pie Throwing.

The fireworks display will begin at 9 p.m.

Unit a part of history since 1861

6th Cavalry spirit continues to live

Area III Public Affairs

"Something ties all cavalry Soldiers together," observed Lt. Col. Bernard B. Banks, commander 3rd Squadron, 6th Cavalry Brigade commander.

"The 6th Cavalry cased its colors, but the spirit lives on in each trooper who will carry it forward to the MFAB," he continued.

The 6th Cavalry Brigade was organized in 1861 and participated in 16 Civil War campaigns. After the Civil War, the 6th CAV moved west and spent thirty years policing the frontier.

The regiment took part in the assault on San Juan Hill with Teddy Roosevelt's Rough Riders in 1898 and was later deployed to China and the Philippines. Following return to the United States, the unit patrolled the Mexican border and was sent into Mexico as part of the Punitive Expedition to capture Pancho Villa.

The unit deployed to France during World War I where it served in the rear echelon. After the war, the unit returned to Ft. Oglethorpe, Ga. until 1942 when it turned in the last of its horses and was later reorganized as the 6th Cavalry

28th Cavalry Reconnaissance Squadrons. Deploying to Europe in 1944, they took part in five and campaigns performed occupation duties in Germany becoming the 6th Armored Cavalry in 1948.

The 6th ARC returned to Fort Knox, Ky from 1957 until it was deactivated in 1963. Reactivated 1967 regiment redesignated at the 6th Cavalry Brigade (Air Combat) in 1973.

Sixth Cavalry Brigade Headquarters moved its flag to Korea in 1996 and gained the 1st Squadron, Cavalry Brigade and the 1st Battalion, 43rd Air Defense Artillery. The 1st Battalion, 43rd Air Defense Artillery moved its flag under the 35th Air Defense Brigade in December 2004.

Observing that CAV troopers faced some of the most dangerous missions and were always expected to succeed, Banks looks to the





Col. Peter W. Foreman hands over the cased colors of his former command, the 6th Cavalry Brigade, to Lt. Gen. Charles C. Campbell, Eighth U.S. Army commander, as he assumes leadership of the 2nd Multifunctional Aviation Brigade.

Aviation_

MFAB Soldiers are ready to "fight also expressed confidence that any time, any place and under any conditions." He praised both Foreman and Col. David J. Abramowitz, 17th Aviation Brigade commander for meeting mission requirements and for maintaining readiness in the midst of sweeping change to Army aviation.

Abramowitz credited the strength and ability of the Republic of Korea forces as one of the elements required for the MFAB to become a reality. He said the MFAB is a "modular and responsive force," and

under Foreman it will be the "best trained in Korea and the Army."

Foreman acknowledged that a chapter in history was closing on the cavalry. Mentioning the earlier cavalry transformations from horse to trucks to mechanized vehicles and attack helicopters, he said, "today we start our own legacy, but some things won't change."

He closed by promising that his Soldiers will "keep the powder dry, lean forward in the saddle and not hesitate to draw sabers if the need arises."

The Morning Calm Weekly Area III Red Cross recognizes volunteer contributions

By Susan Barkley

Area III Public Affairs

CAMPHUMPHREYS – Volunteers are the lifeblood of the American Red Cross. The annual ARC volunteer recognition held here June 15, drove that point home when 60 volunteers were credited with giving over 5,300 hours to the community. The estimated value to the command and community is over \$84,000.

"People volunteer for a variety of reasons – to round out their resume, gain new skills, meet new people, maintain professional skills and give something back to the community," said Susan Carter, Humphreys ARC station manager.

Natalya Rackley has volunteered over 600 hours in the Urgent Care Clinic. She said she liked it very much, but is now interested in trying something different. She hopes to find a volunteer opportunity in the legal field since she plans to study law in the future.

Another volunteer at the clinic,

Army Soldier Sgt. Yoo Jong-won, said he saw ARC volunteers helping in the aftermath of the attack on the Pentagon. Yoo, a nurse in civilian life, had put in over 50 hours at the UCC

"I was inspired when I saw [ARC volunteers] at the Pentagon. Now I'm proud to serve in a similar capacity," Yoo said.

The clinic also benefits from the two days a week Tracy Robbins, a physician's assistant, volunteers. She sees up to 12 patients a day including orthopedic, gynecological and preventive care patients. While enjoying her work and co-workers, Robbins is also maintaining her professional skills.

Kim Cryer is one of the volunteers in the Dental Clinic. She is exploring a new career field during her 600 hour certification program.

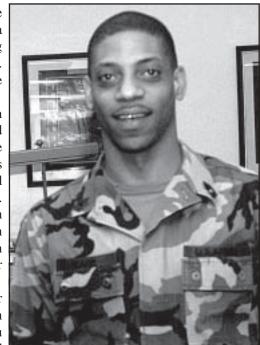
Many of the volunteers are instructors concentrating in first aid and CPR classes. Sgt. Vincenzo

Korean Augmentation to the U.S. Mogavero, 249th Military Police Detachment, said he gets a "good feeling teaching somebody life-saving skills. They might be able to save a life one day."

> Chief Warrant Officer 4 Jon Emond, Company A, 602nd Aviation Support Battalion, is the Home Alone instructor. He works with youth, ages 10 and over, and finds them very easy to work with.

> Master Sgt. Clark Ware, 95th Maintenance Company, was on hand to accept a certificate on behalf of the company for their volunteer efforts with ARC.

"No matter what your skills or no matter how much time you can volunteer, there's a place for you at American Red Cross," said Carter. The next ARC volunteer orientation will be held at 1:30 p.m. Sunday, in Building 262. For information on volunteer opportunities with the American of the American Red Cross. Red Cross, call Carter at 753-7172.



Master Sqt. Clark Ware, 95th Maintenance Company Detachment Pacific NCOIC, accepts a certificate on behalf of his unit. The unit was recognized for its volunteer efforts with the Camp Humphreys chapter

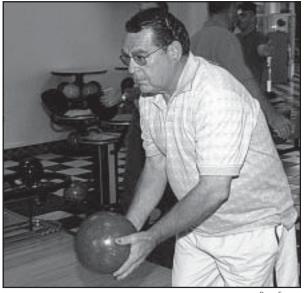
Around Area III =

Anseong City is sponsoring a special free Namsadang Nori performance July 16, for Camp Humphreys Soldiers, civilians and family members. Transportation will be provided. Namsadang Nori was Korea's first professional entertainment troupe for the common people. From the early days of the Joseon Dynasty (1392 to 1910) troupes would travel from place to place performing in towns and villages across the country. The performance combines rope dancing, tumbling, a puppet play, a drama, music and dancing into an evening of entertainment. To attend, provide your unit S3 with your name, rank and telephone number. This information must be received by July 7. Those attending will leave Camp Humphreys from the Area III headquarters parking lot (Bldg. 251) at 5:30 p.m. and will return at around 10 p.m. Food will not be served although there are Korean restaurants nearby. Eat early or bring Korean Won. Dress is casual.





Capt. Joe Rush, wife Shelly and daughter Savannah, enjoy free Father's Day mini-golf Sunday.



John Clark, a retired Air Force master sergeant, is one of 30 retirees to enjoy free food, beverages, bowling and golf Saturday during the first annual Retiree Appreciation Day. The event was sponsored by the Dragon Chapter of the Non-commissioned Officer Association in appreciation of retirees' service.



Brig. Gen. Steven Anderson, deputy commanding general, Headquarters, USFK (Advance Element), congratulates Humphreys American Elementary School graduating 6th-grader Oren Bradshaw, with a copy of the American Heritage Collegiate Dictionary. Dictionaries were presented to each 6th grade graduate by the Association of the United States Army.

Army celebrates 230th birthday with bash, ball

Master Sqt. Kimberly Williams

19th Theater Support Command Public Affairs

Soldiers from throughout Area IV gathered together June 14 and again Saturday to celebrate the U.S. Army's 230th birthday.

The 19th Theater Support Command and the Area IV Support Activity hosted the Army Birthday Celebration on Camp Walker's Kelly Field June 14. Participants from throughout Area IV attended the allday bash, which featured a mix of ceremony, sports, food and entertainment for Soldiers, civilians and family members alike.

During the opening ceremony, Soldiers conducted a streamer ceremony that paid honor to the history of the U.S. Army, punctuated by artillery provided by the 62nd and 70th Homeland Reserve Divisions from the 2nd Republic of Korea Army.

"I feel like it is a big honor to do something like this that very few Soldiers would be picked for," said Spc. Ne'keda Gundy, 19th TSC, who participated in the streamer ceremony.

Before releasing the Soldiers for a day filled with sporting events and games, such as softball, tug-ofwar, a 5 kilometer run, horseshoes and checkers, Brig. Gen. Timothy P. McHale, 19th TSC commanding general, addressed the crowd.

"Whether you hit a home run today or you score the winning goal or you stand on the sidelines and cheer your team on, that dedication to the man or woman on your flank will carry over to the battlefield," he said.

Following the day's competitions, Col. Donald J. Hendrix, Area IV Support Activity commander, presented awards to the first, second and third place winners in each event.

McHale then presented the Highest Participation Award to the 307th Signal Battalion and the Commander's Cup for Small Unit to the Area IV Support Activity. The Commander's Cup for Large Unit also went to the 307th Signal Battalion.

Afterward, the Champion TaeKwonDo Performance Team and the honor guard and band from the



The Champion TaeKwonDo Performance Team puts on a demonstration at the U.S. Army's 230th Birthday celebration on Camp Walker's Kelly Field June 14.

Headquarters, 2nd Republic of Korea Army, entertained the crowd before the closing ceremony at 3:30 p.m.

Soldiers, American and Korean alike, enjoyed the day.

"It was a good chance for me to learn the history of U.S. Army by joining the Army Birthday Celebration," said Pfc. Kim Han-kyun, 20th Area Support Group. "It was also good to see the atmosphere of teamwork with American Soldiers when we're playing sporting events the whole day here."

Master Sgt. Sheppard Lawrence, 19th TSC, agreed.

"I think it's a great event for remembering the birthday of the Army, especially when Soldiers can get together," he said.

Continuing the celebration, the U.S. Army Birthday Ball-South took place Saturday at the GS Plaza Hotel in Daegu. More than 500 Soldiers, civilians and family members attended the event.

The ball featured traditional elements, such as the cutting of the Army birthday cake and paying tribute to fallen comrades. This ball contained a few suprises, however, like a live video teleconference with the Sergeant Major of the Army, Kenneth O. Preston, and a reenlistment ceremony for 19 Soldiers.

Overall, the ball appeared to be a success.

"It was my first time participating in the birthday ball," said Spc. Marsha Delahaye-Christie, 19th TSC. "I thought the telecommunication with (Sergeant Major of the Army) Preston was cool, because it was live and not some taped video shown to us. Also, the color guards were all sergeant majors, which was something new."

"This Army birthday ball was great, because we had a lot of participation from different units, leaders and noncommissioned officers," said Maj. Michael Charles, 19th TSC, who agreed that the highlight was the message from Preston.

"There were a lot of events going on, but the highest aspect was the telecommunication with SMA Preston," Charles said. "He was in his mess dress, early in the morning in his office, which showed that he cared a lot for the Soldiers."

To cap off the evening, participants joined together to sing the Army Song, concluding the U.S. Army's 230th birthday celebration.

"Celebrating the Army's Birthday is a remarkable event that brings Soldiers together to remember why we fought so hard over 200 years ago to defend Old Glory," said Staff Sgt. Karen Fairbanks, Area IV Support Activity. "Regardless of where we are in the world, it is something we continue to do today after 230 years."

Area IV to celebrate Independence Day with variety of events

Shaggy, Petey Pablo headline Liberty Fest

By Galen Putnam

Area IV Public Affairs

CAMP WALKER – An array of events and activities to mark America's birthday and the Independence Day holiday are slated throughout Area IV July 1-4.

The featured event, Camp Walker's Liberty Fest, will include rockets, reggae and rap at Kelly Field July 4. (See Page 28 for a full Area IV schedule of events.)

Platinum-selling reggae artist Shaggy and guest, rapper Petey Pablo, headline the event. The show begins at 7 p.m. on Kelly Field (inclement weather location is Kelly Fitness Center). Following the show, the performers will sign autographs and two round-trip airline tickets to anywhere in the United States will be given away.

Festivities conclude with fireworks at 9:30 p.m.

In addition to the headline entertainment, Morale, Welfare and Recreation-sponsored bands will perform from 1-6:45 p.m. including ITS, a rhythm and blues group, from Cleveland and Visage Band from the Philippines.

The day begins at 8 a.m. with the Firecracker Five-Kilometer Run and Walk at Kelly Field. Other sporting events, which run from 11 a.m. to 3 p.m., include sand pit volleyball, an 800meter relay race, a 3x3 basketball tournament, a boxing smoker and more.

Additional entertainment throughout the afternoon includes inflatable games for kids, Korean wrestling, carnival games, adult tricycle races, tug-of-war, watermelon-eating contest, hot peppereating contest, old-fashioned picnic games, karaoke, and a balloon toss. Food and beverages will be available to

The Shaggy and Petey Pablo concert will be held rain or shine barring extensive rain. If the fireworks are cancelled because of rain on Monday, they will be shot off on Tuesday at the same time.

U.S. Forces Korea identification cardholders, including Korean employees, will be permitted to escort up to 10 Korean guests onto Camp Walker after completing a form that was distributed to tenant units on Daegu installations. The sponsor must complete an installation access form eliminating the need for guests to leave their Korean identification cards with the gate guard. Guests will not be permitted to drive their automobiles on the installation.

A bus will transport people from Camp Hialeah to Daegu for the Liberty Fest. Seats are provided first-come, first-served. The bus will depart the Camp Hialeah Community Activities Center at noon and will leave the Camp Walker Main Exchange parking lot at 10 p.m. for the return trip.

Camp Hialeah will also celebrate Independence Day with a series of activities throughout the installation 9 a.m. - 9 p.m. July 2. The day begins with the Firecracker Fun Run and includes softball, racquetball, beach volleyball by the pool, children's games and more.

Camp Carroll will hold a free Independence Day Picnic at 11:30 a.m. July 1, at the Community Activities Center.

NEWS & NOTES

NEO Training

Army Community Service will conduct Noncombatant Evacuation Operation Training10-11 a.m. Thursday at Camp Hialeah's Army Community Service, Bldg. #224. For information or to register, call Bo Standifer at 763-3571 or 763-7406.

YS Summer Camps

Four middle school camps will be offered to 6th - 8th grade students this summer. Camps are one week long and each costs \$25 including morning snacks and field trip fees. Camps include: All About Fashion, July 11-15; Soccer Camp, July 18-22; Basketball Camp, August 15-19; Golf Camp, August 22- 26. For information, call Victor Taitano at 764-5721.

Junior Golf Program

The Evergreen Golf Club will conduct its 2005 Junior Golf Program July 11-15 for golfers age 5-17. Registration and payment of fees will take place 5:30 p.m. July 8 at the Evergreen Golf Course Pro Shop. Registration fee of \$25 includes instruction, amenities bag, awards and party. For information, call Ray Cragun at 764-4601 or the Golf Shop at 764-4628.

Sure Start

The Taegu American School Sure Start program is accepting applications for fall 2005. Children must be four years of age or older by Oct. 31. Applicants must be military command sponsored and have ranks between E-1 and E-4. Class size is limited. Applications are due by Aug. 5. For information, call the school at 768-9501.

Camp Carroll Pool Hours

Hours for the Camp Carroll indoor pool are 5:30 a.m. – 8 p.m. Monday, Tuesday, Wednesday and Friday. Outdoor pool hours are 11:30 a.m. - 4:30 p.m. daily. For information, call Mark Juliano 765-

Rape, Drug and Fraud **Awareness Briefings**

The 20th Military Police Detachment (Criminal Investigation Division) on Camp Henry offers rape, drug and fraud awareness briefings upon request. All commanders and first sergeants are encouraged to schedule these briefings for the unit. To schedule a briefing or for information, call James Seaton at 768-8225.

Korea Theater Support Center Tech Help

If you are experiencing computer problems at work, the Korea Theater Support Center can solve your technical issues. Dial TECH (8324) from any DSN phone for technical support. For information, call 2nd Lt. Frank Barrell at 764-4433.

Q&A with enigma, icon Henry Rollins

Punk rock vocalist has evolved into actor, poet, author

By Galen Putnam

Area IV Public Affairs

CAMP WALKER – Renaissance man Henry Rollins -- American punk rock icon, actor, author, poet and speaker, stopped in Korea during a three-nation tour of the Pacific to meet with United States Forces Korea personnel. Rollins held six meet and greet sessions from throughout the peninsula June 15-16.

While at the Camp Walker Dining Facility June 15, Rollins took the time to meet with The Morning Calm Weekly. (For more on Rollins, see related article, Page 6).

Morning Calm Weekly: You have had a very diverse career as a musician, actor, author, publisher, producer and much more. What aspect of your career has been the most rewarding?

Henry Rollins: Of all the things I do, or have done, the most fun is performing live with a band. It's like being at a theme park. It's exciting. The other work has been really cool but if I only did the band stuff I'd be bored. That's why I do everything else. I try to stay a little bit off balance so when I get slightly bored with one thing, it's time to do the next thing. I try not to stagnate.

MCW: You were a member of one of the preeminent American punk rock bands Black Flag, coming from that background how did you end up branching more sedate pursuits like writing and spoken word performing?

"I've

trajectory."

never

– Henry Rollins

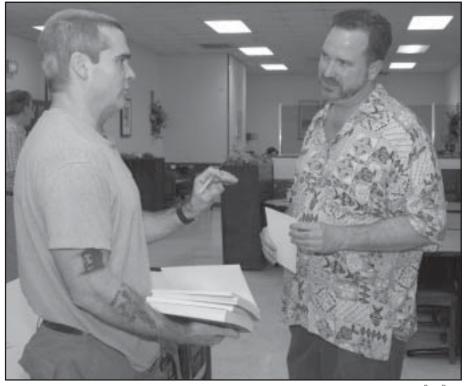
anything to divert me

HR: Just rabid curiosity, insatiable curiosity. I've done movies, books, TV, radio, you name it. I'm just interested in a lot of stuff. Any

book I haven't read, I want to read it. Any country I haven't been to I want to visit. Also, in the 80s, a lot of people in music and a lot of people in music around me were getting really wasted on some pretty dangerous drugs and getting into the alcohol lifestyle. I never did any of that. I was on stage for 26 shows a month trying to be great so I avoided a lot of the stuff that sidelines people. I've never been married and I don't have any kids so I've never had anything to divert me from a real flatout trajectory.

MCW: What are some of the places you've visited on your five USO tours?

HR: I've been to Afghanistan two times, I've been on two visits to Kurdistan. I've also been to Qatar, Abu Dhabi (part of the United Arab Emirates), Iraq, Kuwait, Honduras and now Korea. On the rest of this trip will



Musician, actor and author Henry Rollins (left) signs a stack of books June 15 at the Camp Walker Dining Facility for Brian Mathewuse, a Veterans Affairs official who was in Daegu to present benefits briefings.

be Japan, Guam and Okinawa.

MCW: In 1994 you won a Grammy for your spoken word recording "Get in the Van: On the Road with Black Flag." That must have been an exciting moment.

HR: No. Trophies for artistic achievement really bug me. I have no use for those things. I gave my manager the Grammy because at the time he had a fireplace. I said 'you have a mantle. I don't have a mantle. This would look good on your mantle.' So I gave it to him. After I saw Cheryl Crow walk off with an armload of them I knew that they were just bull (deleted).

MCW: Your big break in music came when you became the lead singer of Black Flag. The way you got the gig is pretty interesting. Tell us about it.

HR: They were *had* my favorite band and they were friends. They would from a real flat-out come through town with no money and no place to sleep and

> we would put them up. One time, Black Flag was not going to play my hometown of Washington D.C. so I drove up to see them in New York and they played an after hours show in a small bar down the street from where they did the real gig. The sun was coming up and I had to drive five hours down to D.C. to go to work. So I said 'hey, play this song for me,' it was a song about going to work called "Clocked In.' They said 'this is for Henry because he's gotta go to work.' I kinda looked at the singer and looked at the mike and he went 'yeah, you better sing it' so I hopped up there and sang it the way I thought it ought to be done with veins popping. The band said 'damn' and a few days later they called me at work and said 'hey, were still up in New York and Dez, the singer, wants to play rhythm guitar and were auditioning singers. We like what you did

the other night. Do you wanna come up here and audition?' I thought 'there's nothing I have to lose here.' I had a minimum wage job scooping ice cream. So I said, 'yeah, I'll roll the dice.' So I went up there and sang two sets at some little place in the East Village and they said 'you're in.' I went back down to D.C. on the Amtrak, quit my job, gave away most of my possessions and left town a few days later with a duffel bag filled with some clothes. That was July 1981 and I never looked back.

MCW: From a guy who attended military school as a kid, what do you have to say to the Soldiers serving overseas?

HR: I'm *their* fan and I want them all to come home safe. I want them all home in one piece because I've seen otherwise. Basically, I want to say thank you. They always go 'thanks for coming' and I say 'no, thanks for what you do, for keeping us safe.

MCW: You mentioned you have never done drugs or alcohol and try to live a healthy lifestyle. Why do you think that is so important?

HR: Whenever I was offered drugs I was like 'what, are you kidding?' I want to be in control. I've always been very ambitious, like with Black Flag. We wanted to be the best band in the world. We were there to kick ass. That is how I am with everything I do. I have to be on top of things. I have an obligation nightly to be on stage at eight o'clock and to be great without a sword of Damocles hanging over my head. I was in California during the 80s and I watched people crash and burn, good people too, creative people who just lost it and it was sad to see. Some of them died. Some overdosed, some committed suicide it's really sad because I wish they were all still around. It's just too bad. Doing the drugs and alcohol never occurred to me as a way to succeed.

6th Ordnance Battalion welcomes new commander, CSM

By Pvt. Park Kwang-mo

Area IV Public Affairs

CAMP HENRY – The 6th Ordnance Battalion welcomed a new leader June 13, as Lt. Col. Mark E. Talkington assumed command from Lt. Col. S.B. Keller in a change of command ceremony at Camp Carroll's Story Field.

Talkington's previous assignment was as deputy commander of the XVIII Airborne Corps Distribution Command, Logistical Support Area, Camp Anaconda, Iraq. Prior to his deployment to Iraq, he served as the deputy commander, 2nd Corps Support Material Management Center, 1st Corps Support Command, Fort Bragg, N.C., and as the Combat Service Support transformation officer for 1st COSCOM and XVIII Airborne Corps.

Keller's next assignment will be with the G4 (Logistics) Directorate, Department of the Army, at the Pentagon, Washington, D.C.

The battalion also welcomed a new senior noncommissioned officer as Command Sgt. Maj. William A. Cole took responsibility from Command Sgt. Maj. Reginald C. Battle in a change of responsibility ceremony held in conjunction with the change of command.

Cole previously served as the Area IV Support Activity Directorate of Plans, Training, Mobilization and Security sergeant major at Camp Henry. Battle's next assignment will be as 59th Ordnance Brigade command sergeant major at Redstone Arsenal, Huntsville, Ala.

Talkington was commissioned as a second lieutenant in the Ordnance Corps in 1986 upon graduating from Illinois State University. He also earned a master of science degree in logistics management

from the Florida Institute of Technology.

He has served in a variety of command and staff positions including platoon leader and executive officer with the 833rd Ordnance Company, Seneca Army Depot, N.Y.; operations officer, 64th



Lt. Col. Mark E. Talkington

Ordnance Company, Fischbach, Germany; logistics officer of the 197th Ordnance Battalion, Pirmasens, Germany; company commander of the 191st Ordnance Battalion and Reserve Storage Activity, Miesau, Germany; assistant inspector general; and secretary of the general staff at the Industrial Operations Command, Rock Island Arsenal, Ill.

His military education includes the Ordnance Officer Basic and Advance Courses, the Combined Arms Services Staff School, the Inspector General Course, the Logistics Executive Development Course, the Command and General Staff College, and the Airborne and Air Assault Schools.

Talkington's awards and decorations include the Defense Meritorious Service Medal (with three oak leaf clusters), the Meritorious Service Medal, the Army Commendation Medal, the Army Achievement Medal, the Armed Forces Service Medal, the Global War on Terrorism Expeditionary Medal, the Iraqi Campaign Medal, the National Defense Service Medal, the Army Superior Unit Award, the Parachutist Badge, the Air



Song In-TA

Soldiers from the 6th Ordnance Battalion pass in review during the unit's change of command ceremony June 13 at Camp Carroll's Story Field.

Assault Badge and the Order of Samuel Sharpe Award.

The 6th Ordnance Battalion exercises command and control of six ordnance companies throughout the Republic of Korea. The battalion performs ammunition stock accountability, visibility and surveillance functions throughout the peninsula.

The battalion's mission is ammunition accountability, surveillance and maintenance supervision. Its subordinate units coordinate directly with the Republic of Korea Army units who receive, store, issue and transport the ammunitions in accordance with the Single Ammunition Logistics System-Korea.

The Battalion is also responsible for monitoring the Chinhae Ammunition Pier, located on a Republic of Korea Naval Base near Chinhae, for explosive safety during off-loads.

Walrod takes reins of 307th Signal Battalion

By Pvt. Park Kwang-mo

Area IV Public Affairs

CAMP HENRY – The 307th Signal Battalion held a change of command ceremony June 20 at Camp Carroll's Story Field to welcome its new commander.

Lt. Col. Timothy W. Walrod assumed command from Lt. Col. Rick T. King.

Walrod's previous assignment was U.S. Defense Information Systems Agency liaison to Canada, in Ottawa, the nation's capitol.

King's next assignment will be as a staff officer for the Joint Chiefs of Staff Command, Control, Communications, and Computer Systems Directorate at the Pentagon.

Walrod was commissioned in the U.S. Army in 1987 when he graduated from the Virginia Military Institute with a bachelor of science degree in electrical engineering.

He has served in a variety of command and staff positions including, G-6 level in the 82nd Airborne Division, 3rd Infantry Division, 1st Infantry Division and Multinational Division North in Bosnia-Herzegovina, and has been a battalion and brigade signal officer. He has also served in staff positions from battalion to Department of the Army level in airborne, infantry,

engineer, signal and in combined/joint units.

He graduated from the Command and General Staff College with a master of military art and science in the military space

applications, the Joint and C o m b i n e d Warfare School, Combined Arms Staff Services School, and the 82nd Airborne DivisionAdvanced Airborne Course.



Walrod's awards and Lt. Col. Timothy Walrod

decorations include the Bronze Star, the Meritorious Service Medal, the Canadian Vice Chief of Defense Staff Commendation, and

the German Army Schützenschnur in Gold.

The 307th Signal Battalion installs, operates, maintains and defends tactical theater level command and control communications systems and computers in support of the United Nations Command, the Combined Forces Command, U. S. Forces Korea, and Eighth U.S. Army commanders during armistice, conflict and post conflict operations.

Area IV Independence Day activities

Camp Carroll, July 1

Independence Day Picnic (free), 11:30 a.m., CAC

Camp Hialeah, July 2

Firecracker Fun Run, 9-10 a.m., Fitness Center

Family Games (YS.), 11 a.m.-4 p.m., Busan Pub

Inflatable Games, 11a.m.-4 p.m., Busan Pub

Train Rides, 11a.m.-4 p.m., Busan Pub

Softball Tournament, 11:30 a.m., Fitness Center

Community Barbecue, 11:30 a.m.-3 p.m., Busan Pub

Live Band & DJ, noon -4 p.m., Busan Pub

Beach Volleyball, 1 p.m., Swimming Pool

Pool Tournament, 1-2 p.m., CAC Tug-of-War, 1-2 p.m., Custer Field Old Fashion Picnic Games, 1-3 p.m., Busan Pub

Horseshoe Tourney, 2-3 p.m., CAC Water Basketball, 2:30 p.m., Swimming Pool

Foosball Tournament, 3- 4 p.m.,

Racquetball Tournament, 4 p.m., Fitness Center

Dart Tournament, 4-5 p.m., CAC Karaoke Contest, 5-9 p.m., Busan Pub Camp Walker, July 4

Firecracker Fun Run, 8 a.m., Kelly Field

Sand Pit Volleyball Tournament, 11 a.m., Kelly Field

3-on-3 Basketball Tournament, 11 a.m., Youth Services B-Ball Court

800 Meter Relay Race, 1 p.m., Kelly Field

Rumble on the ROK Open Boxing Competition, 3 p.m., Kelly Gym

Community Barbecue, 11:30 a.m.-8 p.m., Kelly Field

Live Band & DJ, 1-6:45 p.m., Kelly Field

Carnival Games, 1-7 p.m., Kelly

Children's Ballet Demonstration, 1–1:30 p.m., Kelly Field

Family Games, 1:30–2 p.m., Kelly

Old Fashioned Picnic Games, 2-3 p.m., Kelly Field

Celebrity Concert featuring Shaggy & Petey Pablo, 7- 9 p.m., Kelly Field

Autograph Session and Grand Prize Give Away for two round trip tickets to anywhere in the United States, 9 p.m., Kelly Field

Fireworks Display, 9:30 p.m., Kelly Field (rain date -- 9:30 p.m. July 5)

상병 서기철

덥고 습한 장마철은 각종 전염병 을 일으키는 미생물에게 최적의 번 식 환경을 제공하므로 각별한 주의 가 요구된다. 식중독은 세균에 오염 된 음식을 먹어 생기는 세균성 식중 독, 독버섯이나 복어 등을 잘못 먹 어 생기는 자연독 식중독, 농약 중 금속 등 화학물질에 오염된 음식을 먹었을 때 나타나는 화학성 식중독 으로 나눌 수 있다. 이 중 여름철에 생기는 식중독의 80% 이상을 차지하 는 것은 주로 세균에 의한 식중독이 다.대부분의 식중독은 2~3일 정도 푹 쉬면서 증세 치료만 하면 쉽게 낫 기 마련이다. 그러나 오랫동안 복통 과 고열 등이 계속되면 전문의 진단 을 받는 것이 바람직하다.

**식중독의 주요전염요인

◇가축이나 애완동물을 통한 전염

▽살모넬라 식중독─식중독의 주 범 중 하나인 살모넬라균은 주로 소. 돼지, 닭 등 포유동물의 창자 속에 기생한다. 최근에는 개와 고양이 등 애완동물도 주요 오염원으로 지적되 고 있다. 어른보다 어린이가 더 잘 걸리며 하루 정도의 잠복기를 거쳐 복통, 설사, 어지럼증 등이 나타난 다. 고열이 계속돼 감기로 오해할 수 도 있다.

열에 약해 섭씨 60~65도 정도에 서 30분 정도 살균하면 없앨 수 있 지만 음식은 항상 충분히 익혀먹고 남은 음식은 냉장 보관하는 것이 최 선의 예방책이다.

◇어패류 섭취를 통한 식중독

▽비브리오 패혈증==치사율이 40~60%인 무서운 식중독으로 바닷 물에 있는 '비브리오 불니피쿠스 균'이 원인균으로 매년 6~10월중 에 많이 발생한다. 만성 간질환, 당 뇨병, 알코올 중독 등으로 면역력이 떨어진 사람이 생선, 조개류를 날로 먹을 경우 잘 걸린다. 감염 뒤 대개 통, 구토 증세와 함께 심할 경우 수 것. 포가 생기며 피부가 썩어 들어간다. 지난해 16명의 환자가 발생해 10명 이 숨졌다. 열에 약하기 때문에 생 선을 익혀 먹는 것이 예방책이다. 생 선회 등을 먹은 뒤 오한과 발열 등 의 증세가 나타나면 즉시 병원을 찾 아야 한다.

▽비브리오 장염 식중독─생선을 날 것으로 먹은 뒤 10∼18시간 이내 복통 과 함께 하루 5차례 이상의 설사와 구 토를 한다. 설사가 심해 탈수증이 우 려될 경우 의사의 상담을 받아야 한다. 주요 감염 경로가 손이므로 외출후 또 는 음식을 먹기 전 반드시 손을 흐르 는 물에 1분이상 깨끗이 씻어야 한다.

◇ 식료품을 통한 전염

▽포도상구균 식중독─주로 사람의 피부에 기생하며 음식을 조리할 때 손 이나 코 점막 등에 붙어있다가 음식에 옮겨진 뒤 증식한다. 특히 햄, 우유, 치즈 등 단백질이 풍부한 음식에 잠복 증식하는 경우가 많다. 잠복기가 매우 짧아 오염된 음식을 먹은 지 몇시간만 에 복통, 설사 등의 증세가 나타난다. 끓여도 균이 잘 죽지 않기 때문에 상 한 음식은 무조건 버리는 것이 좋다.

▽0-157 대장균 식중독=상한 햄버 거나 주스 등을 먹은 뒤 1~9일 사이 극심한 복통이 생기면서 심한 설사가 난다. 일부 환자는 적혈구가 파괴되고 체내에 노폐물이 쌓이면서 콩팥이 망 가지는 '용혈요독증후군'에 걸리는 경우도 있다. 이 때는 생명이 위독하 므로 즉시 병원을 찾아야 한다.

◇장마철 식중독 예방 수칙

1.설사 중이거나 손에 상처가 있는 사람은 음식을 만들지 말 것.

2.이상한 냄새가 나거나 곰팡이가 생긴 음식은 미련없이 버릴 것.

3.쇠고기는 14일 이상, 우유는 5일 이상 냉장 보관하지 말것.

4.한번 녹인 냉동 식품은 다시 냉동 하지 말 것.

5.조리된 음식과 생식은 가급적 따 로 보관할 것.

6.음식은 완전히 익혀 먹고 조리한 음식은 곧바로 먹을 것.

7.아기에게 먹던 우유를 다시 먹이 지 말 것. 침에 포함된 효소 때문에 쉽 게 상하기 때문.

8.부엌을 항상 청결히 하고 음식물 1~2일의 잠복기를 거쳐 발열, 복 에 곤충이나 동물이 닿지 않도록 할

> 9.칼 접시 수저 등 주방 도구를 자 주 소독할 것.

> > This article is about "Tips to prevent Food Poisoning".

Learn Korean Easily





Minsook Kwon

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Word of the week



o; silent, ⊤; oo / 入; s, }; ah, ∟; n

umbrealla

The phrase of the week

"Please keep my umbrella."

사 가지세요.

Jeh oo-sahn gah-jee-seh-yo.

my umbrella Please keep

Conversation of the week

날씨가 더워요.

The weather is very hot.

Nahl-see-gah doe-woe-yo.

너무 더워요.

It's very hot.

Noe-moo doe-woe-yo.

(에어컨) 켜세요.

Please turn on the

(Eh-oe-koen) kyoe-seh-yo.

(airconditioner).

안돼요.

Ahn-dweh-yo.

It doesn't work.

왜요?

Why?

Weh-yo?

고장났어요.

It is out of order.

Goh-jahng-nah-soe-yo.

(선풍기)(soen-poong-gee)(fan)

Share this column with a Korean co-worker.